(HOORAY! WE'RE ONE YEAR OLD TODAY!)

25¢

YUMA RED FLOWERS

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Mayday!

ye shall **rock**...

As you no doubt have heard through rumor there's going to be a rock festival in Minnesota this year. For the past few months people have been calling in to Flowers with both the rumors they've heard, and questions about the festival. Up until last week we knew no more than anyone else, but last week we interviewed John Grimes, the fellow who is organizing and promoting the festival.

According to Grimes the festival will take place over Memorial Day weekend, May 28th, 29th, 30th and 31st. Tickets will be seven dollars for the four days. The site of the festival will not be disclosed until two weeks before the festival starts because of the usual injunctions which come down to try to keep the festival from taking place. The site is in the Northern part of the state, near Hibbing Minnesota.

No public elected officials have come out against the festival because they don't know where to stand on the issue since the new 18 year old vote has made them more unsure of themselves. But the Minneapolis and ST. Paul better business Bureau, the Minneapolis Police department, and different state *agencies* have been working at putting any and all obsticals in the way of the festival. Among other things, a four page injunction has already come down against advertizing the festival, so spreading of information will depend largely on media news coverage, and word of mouth.

"In its earlier stages", Grimes said," the festival was intended to be a relatively small event, but as soon as the different government and public agencies found out about it they began falling all over themselves trying to stop the festival. This of course made the festival"news ". More and more backers came forward, and the festival got bigger and bigger." Now Grimes thinks he may end up using the biggest of the three sites he has picked out ,--a 3000 (three thousand) acre site. Of the other two one is 600 acres, the other 200 acres.

There are three Indian reservations in the Northern area, and Grimes has said that they will all recieve free tickets, and free concession permits. Regular concession permits will be$100., food concession permits will be $300.

The Cedar-Riverside Clinic, a group from Decator Illinois called "Help Incorporated",and a group from Miame, Florida will all be on hand to help meet medical needs, acid rescue, and so forth.

There will be a security force which will include 150 horsemen and women who will patrol the perimeter of the festival site"to rescue people who go around the area to sneek in,and get lost"Grimes said. According to Grimes"...on a couple of sites it's pretty easy to lose your way."

There will also be 500 volunteers from Karate and self defense clubs to keep anyone from hurting anyone else, should the situation arise.

There are some people working on food relief for those who run out of money or food the first couple of days, but free food is not included in the ticket price. Grimes said he had approached food businesses and government agecies to get them to contribute some food, and their response was a flat "no". Since then some independant groups, and communes have volunteered to prepare cheap natural foods like rice, bread, and granola. But if you are thinking of going its wise to bring your own supply of simple foods (plus a little extra) since it'll undoubtedly be cheaper, and what inexpensive food there is at the festival will undoubtedly run out quickly.

When Grimes was interviewed by HUNDRED FLOWERS last week we asked him what he intended to do to return money back to the culture, its community, and institutions. Grimes said he would donate tickets from which he would take *zero* return, --total revenue going to the community and its institutions. No limit is set on the number of tickets which could be sold.

All tickets will be sold in advance. When money is sent in people will recieve a receipt in the mail immediatley. Two weeks before the festival happens tickets will be released, along with maps of the site location, and a letter explaining the situation of the festival (bands, and other interesting specifics), and any basic details about the festival. In the event that the festival does not happen money will be refunded upon a return of your receipt.

Grimes has said that the only way the festival will not happen is if he himself calls it off, and as he said:"That is not going to happen".

About twenty five local midwestern bands have already been booked, along with three national bands. Several other national bands are currently negotiating.

As of press time a complete list of local bands wasn't available, and national groups are just entering into contracts so we are not printing any of the list. The next issue of Hundred Flowers will carry the list of bands under contract at that time,plus other updated information.

The Hibbing area festival is being named PEACEROCK FESTIVAL.

New Riverside Cafe's State of the Cafe Address

or

Trouble in River City

Since the coming of the spring weather, business has really been nice at the Riverside Cafe.

Our food has become widely acclaimed, and Jimmy Crabbe, a well-known local beatnik pastry cook, has joined our collective as a full-time baker. Miss Betty Boop is also Cafe people now and is doing fine. The music keeps on getting better & better, too.

But on april 1st the University got our building. Things happened really fast, with monster financial dealings behind our back. The residents of the apartments above the cafe wanted to form a co-op to keep the building in repair and negotiate the exorbitant rates of the apartments. We wanted our incredible rent of $300.00 lowered, we wanted a guarantee that trash would be removed, we wanted the freedom to negotiate repair costs...

Then we got a letter- the university refused to acknowledge a co-op or even negotiate rent,because they said the building was to be torn down "shortly" to make room for another mammoth parking ramp.

The next monday night a "U" flunkey came to our collective meeting. He refused to answer any of our questions, saying, "I'm not in a position to debate about things with you" etc. He was only following orders, the capitalist cockroach. He even made a threat to us when he said that if we pressed our demands for co-op maintenance of the building he would call in his city housing inspectors and have us evicted. One of us said, "So the law works different for hippies and land-owners" and he just laughed.

We asked, "Why spend 200 thousand dollars on another huge parking ramp when you could house all these people right here and fix up the furnace for only 5000?" "I'm not prepared to debate University policy here"

So now we have no idea how long 1900 Riverside Ave will be a cafe. Its hard to cope with not knowing what next month's rent will be, not knowing about maintenance, electric bills,all that.

The U hit us at a heavy time. The winter was long and cold, all of us (12 folks) are putting in six and seven day weeks, still making the same old salary of 27 bucks a week. Some of us feel a lack of emotional return from both in and out of the collective, long hours,dealings with straight businessmen,inter-collective problems,burglars, are hassles too big for a band of freaks to handle.

More than any other shop on the Bank, the New Riverside depends on the people of our communoty. In spite of all the shit, there will always be a Riverside Cafe if the West Bank wants us. Good organic food and good music are important and we're going to keep on serving it

Any time anyone has any questions about the Cafe Collective, were our money goes, or anything from ideology to natural reciepes, ask someone behind th counter where next mondays meeting is and come see for your self.

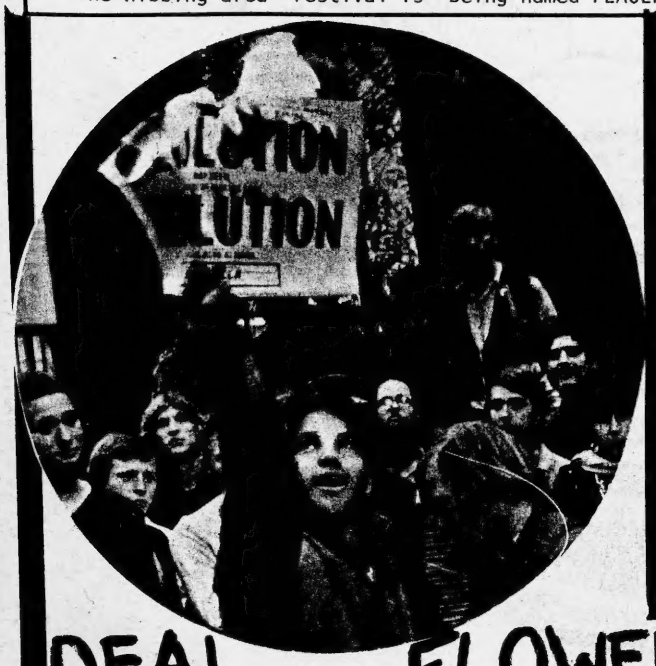
I hope this article dont turn anyone off with its pessimism Theres always going to be a New Riverside Cafe in every city where the folk are into real food and home-made music. But our collective has its down days too, and thats when we appreciate our brothers and sisters the most. Stop in.

written by
one member
for the Cafe Collective

TO EVERYONE WHO SENT IN BREAD, OR OFFERED TO HELP.. WE LOVE YA. -HF

We need a good cheap well running car.-HF.
IF YOU WOULD LIKE TO HELP WITH ANY ASPECT OF THE PAPER GIVE US A CALL --WE CAN USE YOU.

LIKE BOOKS ?
come see us...
savran & rusoff
dinkeytown OPEN NITES



DEAL FLOWERS

PICK UP PAPERS TO DEAL AT LIBERTY HOUSE, 529 CEDAR AV. S. SIDE DOOR UPSTAIRS. OR IF YOUR DOWN BY LAKE STREET STOP IN AT THE WAX MUSEUM.

HI!WE'RE ONE YEAR OLD TODAY! HUNDRED FLOWERS is a member of the Underground Press Syndicate, Liberation News Service, and Free Ranger Intertribal News service.

People who put out this issue were ALAN DEBBIE, VICKI,SHIRLY, MARY,MARSHA,GEORGE,BILL,BRIAN, JOHNANDMARY, GOERGE,ROGER, JOAN, ZACK, BOBADN JEANIE, WARREN.

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WEST BANK'S LAST CHANCE

HRA vs. CR

More than one year ago the Community Union requested the Housing Authority to recognize a Project Area Committee for Cedar-Riverside, which is officially an urban renewal area for the city. A Project Area Committee is a way of getting residents together so they can have some say as to what plans are made for their community. The PAC would review all the proposals for redevelopment that are submitted to the Housing Authority Commissioners and make criticisms of them. But in the long run a PAC has no real power. The Commissioners can overrule objections of the PAC whenever they want. The only way in which a PAC is powerful is in the effective use of information that is made available to it.

The Housing Authority had some reservations about recognizing a PAC in Cedar-Riverside that would be dominated by residents. There was too much at stake in this area to let residents have a strong voice, so no PAC was formed.

After the Community Union wrot HUD in Chicago supporting an administrative appeal of the city's Workable Program, the Housing Authority was forced to reconsider. The HUD officials said that a PAC had to be formed in Cedar-Riverside.

A few weeks ago after a group of people from the Community Union talked with some of the HUD officials, we got--in writing--a statement that a PAC should be formed that would be primaily composed of residents. This proved to be a temporary victory.

The corporate interests are coming down hard on the people who live in Cedar-Riverside. Some of those interests are, for example, the Cedar-Riverside Associates who are financed by Pillsbury, Senator Henry McKnight, and Bor-Son Corporation; Fairview Hospital; Batzli Electric Company; and some of the local "educational" institutions such as the University of Minnesota and Augsburg College.

When negotiations between the Community Union and the Housing Authority on the composition of a Project Area Committee (PAC) for the area reached a point where both sides agreed the developers became very nervous. PAC's have no real power besides being able to review and criticize proposals for redeveloping an area. But the institutions and developers didn't want anything to get out of their control, so they got together with Warner Shippee, Executive Vice-President of the University Community Development Corporation, Jens Christensen, 6th Ward Alderman who recently cut the West Bank out of his Ward because he is a tool of the developers and has no support here among the people, and some staff members of the Housing Authority. They were able to get the Regional HUD officials to change their position so that developers could sit on the PAC, and then they got the local Housing Authority Commissioners to approve a plan in which only 16 out of 31 members of the PAC have to live in Cedar-Riverside. Each of the developers would have one vote, 8 all together.

This kind of a PAC would be completely inoperative because it would be split 50-50 between residents and non-residents. A PAC should reflect the concerns of the people who live in an urban renewal area. We have no legal access to the Housing Authority Commissioners while the institutions have not only access, but the legal right to make whatever prposals for redevelopment that they want. It shouls be obvious that the institutions want to block citizen participation in any way they can.

But the people must have a way of being heard. Fairview Hospital is trying to take the housing that is presently on their property and they have no intention of replacing that housing. The University has issued evacuation notices to those living in two houses on 3rd St. and will probably not be replacing those houses, in fact, the land will probably become a beautiful new parking lot. Cedar-Riverside Associates are ready to build high rise apartments, but haven't asked anyone beside Prof. Cooperman if they would like to live in this kind of housing. Certainly housing is needed in this country, but where public funds are going to be used to build it and where people are bing moved out so that it can be build, the federal government has made it clear that the people most directly effected should be able to participate in the planning. This is a simple enough principle: participatory democracy. But bureaucratic liberalism, centralized planning and social engineering have replaced democracy. But bureaucratic liberalism, centralized planning and social engineering have replaced democracy and participation as the basic ethic of this country. But it need not remain that way.

The present situation is that the Housing Authority is waiting for the HUD office in Chicago to respond to the PAC guidelines passed last Thursday by the Commissioners. With only 50% of the members being residents there is a good chance that HUD will reject these guidelines. If there is no change, the Community Union will take the Housing Authority to court. PAC's are not set up to give more power to developers.

Something has to break soon. Decisions are being made that will allow private developers to spend millions of dollars of public money. And all these decisions are not being made by the people.

PEOPLES ? CENTER

The Peoples Center (Riverside and 20th Ave.), a now accepted establishment on the West Bank, held a community meeting March 31, to discuss their problems and ideas about the Center. Several immediate problems were talked about;

Dental: The Center hopes to have a new dental service available soon. But there are several problems to be worked out. The fire marshal will not allow a permit to be issued until a more powerful electrical system is built and better plumbing is installed. They have the dental students and teachers but need people to help in construction of the new facilities.

Veterinary: This service, offered by the Center, is way overcrowded. People often come from outside the area, consequently people from inside the community are not able to get in.

Right now they can only give out 6 shots (distemper) a night, because of the high cost of the shots and also if too many shots are given it leaves no time for adequate careof the sick animals. The Center also does not have enough Vets to take care of all the animals.

Status of the Lease: As yet the Center has not signed a lease with it's new landlord, the University. Neither parties can agree on the terms of the leases drawn up. The main contension is whether the University should be able to kick out the Center before the demolishment of the building. The Center wants it stated in the lease that they can not be told to leave until the buildingis to be torn down.

The University has said it has no immediate plans for the building but tentative plan,is turning the site into a parking ramp.

Community Involvement:The Center was concieved in the idea that it would be by the community and for the community. It would exist without outside assistance; that the responsibility , of the center would rely on those who used it.

The staff felt it has not quite live up to all these ideals and it would be good for more people to take a more active role in making the center work. Many who use the services take it for granted as something given to them instead of coming from themselves. The existing services have tried to concentrate on personalized careand a stress on quality rather than quanity.

There are many way that you can help, besides giving money; by helpin with record keeping, telephone answering, cordinating volunteers, picking up supplies, ect. The Center has had trouble with mobiliy; if you could help by offering your car at certain times it would be helpful.

Preventive Medicine: Most the time the Center is just thought of as a clinic, but also they want to get involved in being a educational tool to prevent problems before they happen. They are trying to do this by setting up other services, about food, VD, vets., ect. so that they might truely become a counter institution.

GOT A PROBLEM?

The Problem Center consists of members of the Cedar-Riverside Community Union who have taken the time to become aware of the problems that residents may be having. Drawing upon the support and knowledge of people in the community they will find a solution to your problem.

Mainly the Center is neighbors helping neighbor, whether its giving emergency transportation for medical care or shopping or helping with chores in the home. They are also familiar with such things as your rights as tenants and are glad to give you advice and support.

So do not hesitate to call us about any problem. The Problem Center will give you:

1) A Listening ear
2) A concern for your problems
3) A willinness to act on your behalf

Call 332-1992 or come & see us:
7-9 P.M. Tues. and Wed.
1-5 P.M. Sat.

Community Union Office
Peoples Center- 2nd floor
2000 South Fifth Street

NEW NATION Y.I.P. CONFERENCE TOPPED WITH:

Madison's miffland riot no.1 (1971)

MADISON**********

Hundreds of people from all over the continent gathered in Madison, Wisconsin April 1-4 for the New Nation Gathering - Y.I.P. Festival which was to include three days of New Nation celebration, festivities, and workshops followed by a street dance on Miffland Street, the finishing stroke of the gathering.

The city fathers had issued a permit for the street dance, only to have their ruling vetoed by Mayor Dyke. Election was coming up on April 5th and Dyke felt it would be in his favor to provoke what he calls the "hippie colony" to riot so he could bring in the forces of lawn' order to quell the disturbance which was bound to explode.

So now all New Nation folk and Madison ghettoland residents were in for an added attraction, the first street dance/cultural riot of the year.

A street meeting was called Wednesday night (1 day before the conference) among the residents of Miffland Street to decide whether or not to go ahead with the street dance It was hard to tell what the real consensus was, but people left the meeting a couple of hours laterwith the assumption that the street dance would go on.

Posters announcing the block party for Sunday (it was postponed from Sat. because of the weather) went up everywhere the next day. A banner in the Student Union (which went up one night at a free music dance) read:"THE BLOCK PARTY GOES ON", and was faced by another banner hyping Mayday which read:"IF THE GOVERNMENT DOESN'T STOP THE WAR, THEN WE'LL STOP THE GOVERNMENT!" -The spirit of the people was up, and it was obvious to everyone that people were going to Miffland on Sunday to have a good time.

The first night of the conference one of the housing co-op, Marvin Gardens, was raided by about 15 Madison Police who had a warrant for a 15 year old boy who had been ripping-off dentist offices for tools and drugs. Marvin Gardens had opened its doors to New Nation crashers, and had about ten that night, all of which were rousted at the ungodly hour of 3:30am to have their id's checked. The rest of the co-ops three floors and residents were also checked. They did not find the kid, and left within about twenty minutes. He was busted later that night.

The next day was the first workshop: streetfighting and self defense. The workshop originally was planned for outside, but everyone ended up inside listening to a talk by Steve Geden of the Camp McCoy 3 (American Servicemens Union organizer accused of blowing up government property) on how the National Guard is trained to deal with riots.

That night there was free music and a dance at the student union.

Free food was made available out of Stone Mannor's kitchen (a housing co-op). Their shelves had been stocked with New Nation food. Two women had taken almost full responsibility for preparing all the food and being kitchen crew. It was not until the second day of the conference that 4-5 men and women gradually came together to relieve them for the rest of most of the festival, with occasional dashes of help from people who noticed signes taped up asking them to wash their own dishes and help cook.

The fact that two women got stuck with the kitchen work is a good example of where our culture is at. Most men can intellectually dig that women whouldn't be expected to take on the domestic drudgwork their traditional roles stick them with, but when the same roles continually fall into place in the "revolutionary culture" few men bother to initiate the concrete changes.

This is also an example of the culture on another level: the fact that few people got stuck with a large amount of work. That's not Revolutionary. When people raise their consciousness to the point where they realize needs must be met with energy--their energy, projects, happenings, et cetera can happen without draining a few people of all the energy they've got. We must work together. Dig it? It means everyone doing their part along the way, plus a little extra.

The following is a rundown of some of the workshops.

*A. J. Weberman talked at his "Dylanology" workshop about Bob Dylan's cryptic lyrics, Dylan's garbage (Weberman goes through Dylan's garbage periodically), and Dylan's changes. Jerry Rubin was quoted as saying "Todays groupie is tomorrow: Weberman."

The subject of sexism came up both at Weberman's and a Revolutionary music workshop. Everyone agreed that what is making rock music questionable in our culture is the sexism in song lyrics, and the chauvenist rock "stars".

*At the legal defense workshop(put on by the Madison Defense League) the advantage of having a partial bail fund set up in every free community as opposed to retaining lawyers to be on call was discussed.

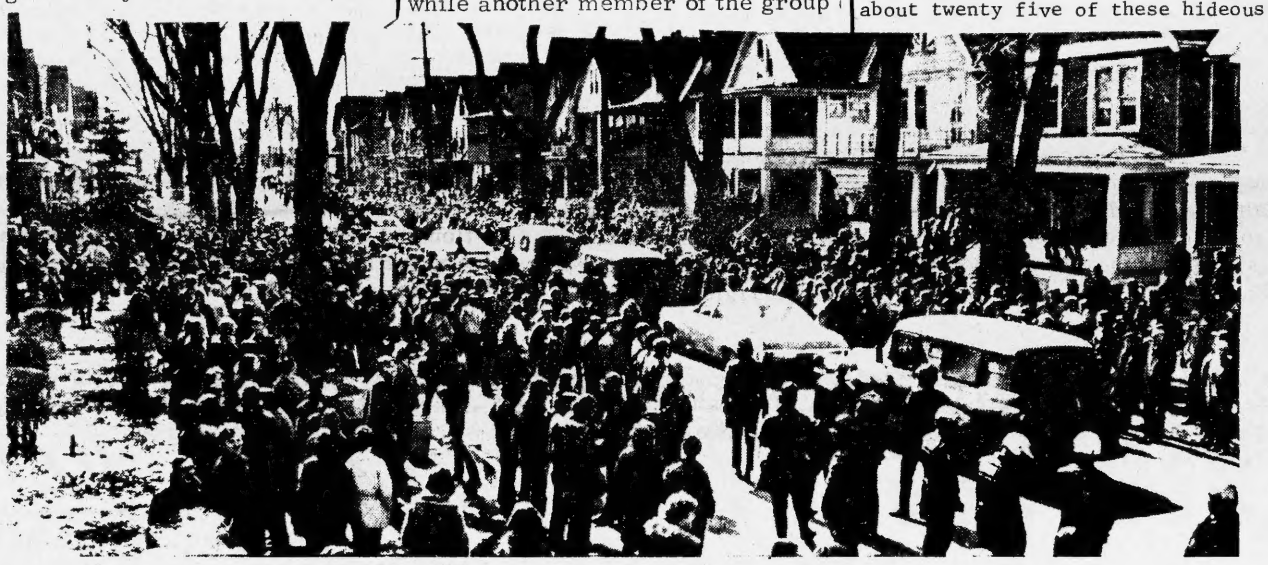
*The revolutionary dope dealing workshop organically stayed in session throughout the conference. Turned out everyone was hip to what it meant--you give it all away.

*Another session, which discussed death drugs, brought up the subject of LSD (mescaline, psilocybin, THC -it's usually all the same stuff)and how it is nearly 100% of the time cut with all kinds of poisonous substances, and that "unless we can be sure it is pure"(which is practically never) it had to go.

Other people at the conference discussed this individually and generally agreed that unless substances are organic (cactus, mushroom, or weed) they should not be used.

*Gay men took the lead in getting other men to talk honestly about their sexuality, and how men oppress each other. Men also talked about their relationships with feminest conscious women, and the obstacles they discovered in themselves in beginning to overcome their sexism.

*In the Women's workshop women wanted to deal with the sexism of the conference, but didn't quite know how. We also tried to find out what women were doing all over the country. There seemed to be difficulty getting it on, which was the general feeling in many of the workshops. Part of the women's extravaganza was a play"The Independant Female" which depicted a young bride to be's struggle for liberation and the fear of losing her "loved one". The climax of the play was a mass women's strike--shutting down all businesses(since no business can function without secretaries) which led to the destruction of sexism, and capitalism. People in the audience were involved, and everyone got off on it. After the womens play a theatre group from Chicago came on and did their thing, which consisted of 4 people in colorful cloth sacks writhing on the floor and up against each other, making burping, groaning, gasping sounds while another member of the group stood nearby--stark naked--doing excersises. After a brisk workout the naked fellow got in his own bag and writhed along with all the others.



* After the theatre there were some very moving films on Vietnam, plus the MAYDAY movie which showed demonstrations of South Vietnames disabled veterans and Vietnamese women

Madame Binh discussed the imperatives of the Spring Offensive in the latter part of the movie.

*The media workshop was primarily a gathering of people from news papers accross the continent. People came from as far West as Berkely (Tribe), as far South as Texas (Space City), and as far North as Vancouver (Georgia Straight). There were also people from media collectives (films, street sheets), and a radio station: KDNA in ST. Louis.

A lot of refreshing energy was felt from the different regions of the continent. Things discussed included: living arrangements, womens roles on papers (90% of the people representing papers were male), intercollective problems, police harrassment, and the direction of a paper beyond the standard music, dope, and culture articles.

In the Revolutionary Mysticism workshop mysticism was defined as a non-escapist deconditioning process, in some ways similar to pure LSD.

At the National Strategy meeting proposal for a Mayday New Nation action was presented by the Eastern regional workshop. The action was scheduled for Sundown May 4th,--at D.C.'s historic scraggly little park:Dupont Circle. New Nation was called to move with all other oppressed peoples to higher levels of struggle than the usual passive resistance. Tactics will develope for the action in Washington.

******THE RIOT********

Sunday was the day of the Block Party which had been outlawed by Mayor Dyke. Thousands of people milled on down to Miffland Street from all over Madison. We were met by about 500 riot geared police who had been called in by Dyke from the surrounding counties. The entire street which had been planned as the scene of the party was ranked off by cops standing shoulder to shoulder, riot sticks in hand.

In spite of all this music was coming loud and clear from the top porch of one of the houses on Miffland Street, and people were dancing, drinking and smoking.

Old beat up police trucks, painted flat gray, with reinforced mesh accross the windows and welded grids on the front grills would drive down the parking lane of the street, one after the other, shoving anyone who might have edged back into the street out of the way. There must have been about twenty five of these hideous vehicles, along with new Pontiac Catalinas which the small town sheriffs, and other fancy cops would drive through in. All thse police vehicles creating their own little traffic jam on Miffland st all day long--determined to keep the order(?) in the hippie colony".

As the day progressed more and more Spring mud was slung at the "touring" pigmobiles, along with bigger and bigger stones, pieces of curb etc. The longer the police stayed the more clear it became that they had no right whatsoever occupying the Miffland community. The community, the city fathers all ok'ed the block party. Dyke, who wanted to show some force before elections, didn't. These were the consequences.

Late afternoon people spilled out into the streets bringing garbage cans, and trash as hasty barracades against the invading deathgray vehicles. The trucks drove right through...opening up with their thick fog-like peppergas, and gas grenades. Everyone on Miffland Street opened their doors to the gagging brothers and sisters who were running from the poison air. Sporadic streetfighting went on for quite a while until people eventually broke up into small groups to do trashing.

Most places were already boarded up a couple of days ahead of time, but three people managed to trash a Goodyear tire store (an imperialist symbol), and got a couple of large tires into the street set on fire.

Seventeen people were arrested durring the riots, and many more were injured, including cops.

INTRODUCTION TO MAYDAY SUPPLEMENT

A CALL TO ACTION!

Richard Nixon and his advisors believe that most people have been isolated from political power for so long that they have accepted their powerlessness as a permanent condition of life. He believes that the 73% of American people who want the U.S. out of Southeast Asia are paralyzed by frustration and cynicism and that he can do anything he wants.

Just last week, for instance, he had Laird publicly announce that the U.S. is prepared to stay in Southeast Asia indefinitely, to impose a Korean-type settlement on the Indochinese people. Because Nixon and his advisors are the 1950's themselves, they think that they can reimpose the fear and p passivity of that period on us all. And they assume that whatever militancy exists can be contained with conspiracy trials, jails, tear gas, bean-bag guns and, when necessary, death.

But they are wrong. The Indochinese people have not fought for twenty years in order to give up now. The Laotian invasion demonstrated this fact. America's defeat in Laos represents a turning point, but it is one of the last. A showdown is shaping up in Southeast Asia that will determine the outcome of the last decades of struggle.

And a showdown of sorts is shaping up here in America too. Those Americans who recognize Richard Nixon for what he is--the real war criminal--are now revitalizing the anti-war movement. Most people already know about the April 24 march on Washington and many plan to attend. But we believe that to be really effective this spring, peace activists must do more than just march one day.

The Mayday movement is calling people to Washington for several days of sustained, coordinated activity--to provide the spark that can coalace people who oppose the war into activity on all levels. This can only be done if the cutting-edge of the anti-war movement moves beyond one-day mobilizations into sustained, non-violent (but disruptive) action.

Consequently, Mayday groups all over the country are preparing to invade Washington during the last week of April and the first week of May to begin demonstrations which hopefully will spark simultaneous protests in every major city and on all campuses. Washington is our initial focus, but ultimately Mayday should become a nation-wide movement like Moratorium and the Strike. It is our hope that gradually people will move on the grass-roots level through local strikes, demonstrations and so on. Mayday is just a beginning.

We realize that the Mayday demonstrations mean that people will be initially taking some risks, but the showdown shaping up over the war demands that of us at this time. The numerous organizations (including not only anti-war groups but welfare rights, women, vets, youth, and gays as well) which originally called for the Mayday actions and which are currently preparing for them also understand the implications these actions have for our movement. Those who go to Washington are not being asked to follow any mythical 'Movement Generals' but are being urged to get themselves together before they come and act collectively upon their own initiative. It is only in this way --by acting together--that people can begin to shake off the lethargy and cynicism that has paralyzed our movement during the last few months.

We believe that work at the grass-roots level is ultimately the most important and 'organizers' should always relate the war's impact to peoples' daily lives. But since the Strike last spring, most activists have not done this kind of grass-roots organizing. (Although some politicos have substituted the articulation of 'correct lines' in newspapers for direct contact and action.) It is our sincere hope that by building momentum towards Mayday, we will create a dynamic that moves people to act <u>at all levels.</u>

Besides, our sisters and brothers in Indochina have called upon us to share the risks they take every day and to demonstrate our support of their struggle during the first week of May. To do anything less would by no means be 'revolutionary'. We are, after all, an international movement. And the next few weeks present us with the opportunity of linking up with planned protests all over the world--even in Saigon. Clearly, we are enterring a new period. In the past, we reacted to 'crisis' situations like last year's invasion of Cambodia, but our protest eventually dissipated. This year we are not merely reacting to an escalation by Nixon; we are planning a deliberate offensive, a protracted strategy against the war machinery.

What this all means to us here in Minneapolis is that people should get together to build the Mayday dynamic. Some people are already planning to go to Washington and others hope to organize some parallel protests here in Minnesota. Demonstrations around local sites are being planned for May 4 and 5, and a massive Peoples Lobby may take shape around the State Legislature and/or City Hall on the National Moratorium Day May 5. If you are interested in linking up with either the Washington-bound groups or local organizers, contact the Mpls. Mayday Tribe at Liberty House, 529 Cedar, side-door. Our phone number is 336-1581.

The articles which follow this introduction should help you to think the whole May Day idea through for yourself --and then hopefully move you to act. We are including: first, a reprinted calendar of the events slated for Washington; second, an article on how Mayday is different from previous protests; third, a short report on the Vietnam Vets Dewey Canyon 3 demonstration; and finally, some logistical information for those who are thinking of going to D.C. In our next edition, we will hopefully feature a calendar of events here at the local level. Check these articles out, think them over, and contact us if you're interested in coordinating your actions with ours.

MAYDAY MAYDAY MAYDAY MAYDAY MAYDAY MAYDAY

MINNESOTA MAYDAY TRIBE

529 Cedar Ave. Mpls.

phone: 336-1581

MAYDAY 1

THE LONG MARCH: APRIL 4: *Demonstrations led by welfare mothers and lettuce strikers and people with the deepest grievances against the sheer human waste of Vietnam have encouraged several thousand people to start, on April 4, walks towards Washington. In long marches, from Wall Street, from Kent State, from Greensboro, down the East Coast, across the Cumberland Valley, up Route 1 from the South, our people will trek from places where the feeling runs deep that Washington's power machine is threatening the planet.*

The people who walk will carry with them a treaty, a peace treaty that comes 10,000 miles from Vietnam. And the people who walk will symbolize the conviction underlying that treaty: that this war will stop, if not by the command of generals then by the actions of American GIs, if not by the decision of Richard Nixon then by the determination and resistance of millions of people in the United States.

Long marches will be initiated anywhere there are twelve people who are conscious that the next 30 days may be the most significant in Vietnam's history, that the people of Vietnam are mobilizing as never before, that China and North Vietnam are issuing stark warnings to the world community that Nixon is considering a nuclear attack on IndoChina, that the urgency of these 30 days must be conveyed to Americans in every region and every town. Twelve people to carry our peace treaty across a strip of the country, but as they move, day after day, week after week, the numbers walking will grow. And in each town we pass, peace treaties will be distributed for ratification. And a few more people will join the march.

DEFEND THE RIGHT TO LIVE: APRIL 10: *In Washington, as the long marches move closer to their targets, the first actions will start, actions that communicate to Saigon and Paris and to the people of the United States that a powerful, unified campaign to end the war has begun. On April 10, women will assemble at various government buildings to move through the streets of Washington towards the Pentagon. Women demanding the right to live will gather on the steps of the world's largest manufacturer of death. American women know the immense significance of their action: what it means to the thousands of Vietnamese women who face tremendous risks to pull together the strength of every woman in Saigon. An unborn generation is in peril and unity is imperative if life in Vietnam is to be defended.*

VETERANS AGAINST THE WAR: APRIL 19-23: *On April 19, thousands of Vietnam war veterans will march onto the Capitol's steps in what could be one of the most significant and dramatic actions of this spring. Like the Saigon Presidential Palace which recently had to hold off (with barb wire and bayonets) protesting Vietnamese war veterans, Washington officialdom will experience in April what it has most feared: the dissaffection and anger of Vietnam veterans who long ago trumed against the war policies they were ordered to follow, but who have now built an organization to turn their individual rage into collective power and thus give new energy and leadership to the anti-war movement. Veterans in Washington will begin a peace lobby that cannot be ignored. Veterans will inch up, face to face, with the impotent, old men of Congress who all these years have been "defending our boys" and who now, finally, will be confronted in their offices, their hallways, their parking lots and their homes with the very men in whose name they have justified this war madness.*

PEOPLE'S LOBBY: APRIL 24-30: *The Vietnam veterans' lobby will continue through the third week of April,*

MAYDAY MOVEMENT

Madame Binh

BUILDS SPRING ANTI-WAR OFFENSIVE: A BEGINNING

CELEBRATION OF PEACE: MAYDAY - MAY 1: As the pressure of our lobby builds throughout the last week of April, the long marches will be arriving and gathering on a farm outside of Washington. Tents will be set up. Supply lines from farms throughout the Maryland and Virginia area will be established. Communities will be started on the land. A peace city will open with people learning chants, sounds for the White House. Hundreds of workshops on non-violent tactics will occur in careful preparation for the week ahead. We want it to be known that when we enter the city, it will not be to disrupt the community or to close down Washington or to engage in acts of violence against other people or the property of people. It will be to stop the war machinery. On Mayday thousands of people will assemble in a celebration of peace on a hill overlooking the government. Similar assemblies in Paris, London, Toyko, Peking, and around the world will show massive international support for the people of Vietnam. Mayday is a planetwide distress signal for every concerned person to get in touch with the life and death struggle facing Vietnam. Mayday is a pledge of tens of millions of human beings to a worldwide struggle to stop the war.

STOP THE WAR OR WE STOP THE GOVERNMENT: MAY 3: On Monday morning, May 3, as the sun rises over the Potomac, we will be up preparing to march from peace city into Washington. We will be committed to non-violence, but determined that Nixon and his generals who conduct the war business of this nation understand that Vietnam cannot be nuclear bombed nor can a fascist regime be imposed upon its people in the name of the American people. Our only regret should be that we have not taken an action of this kind before, that our intentions were not made clear earlier. We pledge ourselves not to seeing that the government of the United States cannot continue this war in any form whatsoever.

We have voted, we have rallied, we have worked through channels only to discover they were all dead-end streets. Now we take another step: the use of massive human force, to impose upon the government a crisis of international proportions. If the government of the United States does not stop the war, then we will stop the government of the United States.

That's how we feel, in our guts. On May 3, the world will know the depth of our love for the people of Vietnam and for the American soldiers who have been ordered to fight and die in Vietnam.

We join with the Southern Christian Leadership Conference, Clergy and Laymen Concerned, Women's Strike for Peace, Fellowship of Reconciliation, National Welfare Rights Organization, American Friends' Service Committee and many other organizations who take the position that the broadest possible coalition of forces for peace and social justice in America must now commit themselves to force without violence, to a campaign of massive civil disobedience in Washington and other communities.

Five major targets have been chosen for concentrated actions on the morning of May 3; the Pentagon, CIA, Justice Department, Health, Education and Welfare Department and the White House. Monday morning we will march into Washington, thousands of us moving along the Potomac towards five staging areas for non-violent disruption of roads - the roads that are the lifeline into governmental institutions - roads like Shirley Highway, George Washington Memorial Parkway, 14th Street Bridge, Pennsylvania and Constitution Avenue. These roads represent the major areas of action. At 7:30am, May 3, people will move onto them, sit down, and lock arms.

At noon, May 3, we will assemble at Congress to surround the Capitol with people who are determined that Congress accept the mandate of American and world public opinion. That Congress strike down this war with legislation cutting the funds of the death machine and ordering the withdrawal of troops, the establishment of a $6500 annual income and the release of all political prisoners. We will build an incredible pressure at the base of Congress throughout the first week of May.

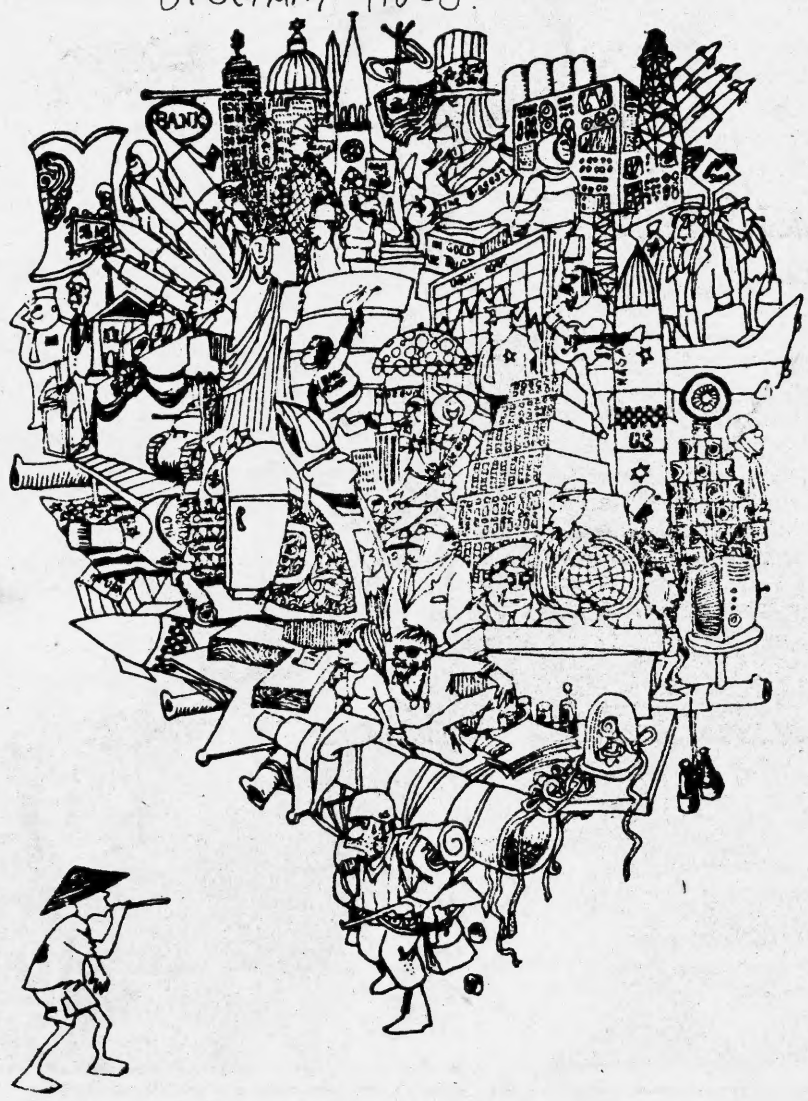
On May 4 and throughout the week, we will engage in militant actions at the entrances of those government institutions that cannot be allowed to continue their murderous activities.

"NO BUSINESS AS USUAL": MAY 5: We believe our actions in Washington will deliver a powerful message of support into the military bases of South Vietnam where GIs, in virtual mutiny, are demanding the right to come home. We believe our actions will be like a lightning bolt into Saigon, a city about to explode against Thieu-Ky repression. Our actions on May 3 and 4 will build support for a nationwide "No Business As Usual" on May 5; strikes on campuses and high schools, mass demonstrations in cities, civil disobedience at government buildings, GI actions, all will multiply the strength of hundreds of local communities into a force that cannot be ignored, that makes clear that in a war branded immoral by the people of the world, immorality will not triumph.

BEYOND MAYDAY: We hope to set off the chain of events that will end the war. It can be done if enough people respond to the appeal of the Vietnamese for help; if we can only understand that Nixon is right when he says that what we do or fail to do right now will shape world history. After the first week of May we will take the peace treaty into every community in the country urging Americans to continue the efforts to implement that treaty, to stop sending taxes to their war chests, organizing cities, towns and institutions to withdraw themselves from the war, turning the tremendous public opinion against the war into the power to stop it.

After Washington, thousands of us will march up the East Coast to New Haven as the lawyers begin their summation to the jury in the trial of Bobby and Ericka. BOBBY and ERICKA WILL BE FREED. After Washington we will build massive support for the militant actions of anti-war GIs on ARMED FORCES DAY, May 16.

We make this pledge that whatever the cost to ourselves, the energy of May, the power of May will not stop. We will build stronger commitments for more and more people to make the government of the United States understand that it can have no peace until it is out of Vietnam and until the people can see - Vietnam lives!



mayday a new kind of demonstration

We've all been at those demonstrations where thousands of people stood around and waited for someone to tell them what to do. And we've all gone home and complained that the demonstration failed because of poor leadership. And we've all felt that its a damn poor demonstration that can only boast a big body count for its accomplishments. And even worse, we've felt like one of the 'cast of thousands' in someone elses movie.

We've gone to demonstrations with attitudes that make such frustration inevitable. We've felt like sheep because we acted like sheep--a big flock of sheep, lost without a shephard, because we didn't think for ourselves.

This article is in your hands because its got to stop. No more demonstrations like November 15th or May 9th. Nobody gives a damn how many dumb sheep can flock to Washington demonstrations, which are dull ceremonies of dissent that won't stop the war.

We've got to take the whole business of demonstrating opposition to this war a lot more seriously. We've got to plan more, discipline ourselves more and organize ourselves more. Each and every person who reads this article should do everything he or she can do to unite themselves with a small group of their compatriots and begin to work now at planning their participation in May Day. (If he or she can't that'sall right--no one should be discouraged from coming--but try). Each and every one of these small groups should develop their own targets, strategies, and tactics for May Day with other collectives and groups in your region so that everyone doesn't have to wait around for orders from some 'Movement Generals'. Let's free the imagination and creativity of the anti-war movement. Let's not bury it under the mass of our numbers, under the weight of our bureaucracy.

Beyond constructing scenarios for May Day and executing them in Washington--what can these collectives, gangs, affinity groups, families and tribes do?

Some suggestions:

1) Educate themselves about the war, the economy, racism, and sexism or some of other related issues. . .

2) Train themselves in non-violent tactics and first aid. . .

3) Prepare educational or entertaining (hopefully both) programs, workshops, theatre, music, poetry to enliven the May Day scene.

4) Bring food and medical supplies for themselves and others.

5) Work to spread the word about May Day and reproduce their groups again and again.

6) See a need and fill it.

The advantages of organizing ourselves into small groups are clear. They, because they are numerous, small and built on trust, cannot be infiltrated. The movement cannot be stalled or stopped by busting the leadership if leadership is diffused. Individuals are safer in case of arrest or injury. But by far, the greatest advantages will be the freedom, diversity and creativity that results when people take their affairs in their own hands. By now we ought to have learned that programs worked out and executed by people themselves work a lot better than programs devised by an elite bureaucracy.

DEWEY CANYON III GI'S ASSAULT ON WASHINGTON *APRIL 19-23*

THIS AREA HAS BEEN DECLARED A . . .

FREE FIRE ZONE

You must leave this area immediately. Move immediately to the nearest Home Front Sniper Forces Relocation Center. If you remain in this area your Village will be destroyed. Anyone remaining in this area will be regarded as hostile and will be shot.

The Minnesota branch of Vietnam Veterans Against the War just completed a local action, Operation Homefront Sniper, which consisted of several mock 'search & destroy' missions throughout the state. VVAW hopes to send between 100 to 150 veterans to the larger Dewey Canyon III operation in Washington.

On April 19, 1971, a full division of Vietnam veterans will begin a 'limited incursion' of Washington, D.C. (duration 5 days), code-named "Dewey Canyon III". During their occupation of the Capital, the vets will meet formally and informally with congressmen, conduct public hearings into American war crimes and military policy, call upon the Congress and Supreme Court to exercise their defined Constitutional responsibilities to override Nixon's blood lust, and act to stop all Business as Usual, until the government recognizes and responds POSITIVELY to our demands for peace. All medals and awards will be returned in a formal ceremony to the Congress. . .in KIA body bags.

FOR GOD'S SAKE, DON'T SHOOT- IT'S TRICIA!

"Dewey Canyon III" derives its name from two earlier operations in Southeast Asia. Operation Dewey Canyon I was a "secret" commando-type thrust into Laos in 1969 and DCII was the original name of the recent invasion attempt which resulted in a routed of South-Vietnamese troops and American support units by Pathet Lao and NVN troops.

A VVAW spokesman said: "We go to Washington not because we want to, but because we have to. Nixon does not plan to end the war. The Paris "Peace" Talks are a phony publicity gimmick. And the administration's "Free the POW's" campaign is just an excuse to perpetuate the American military presence in S.E. Asia. So we march. And we hereby serve notice that unlike Nixon's evaluation of Lowa farmers and hardhats, We are not AMATEURS, We are combat veterans, wounded and decorated, maimed in body and spirit. We will not be deterred or intimidated by police, government agents, U.S. Marchals, or our brothers still in the military."

D.C. LOGISTICS

PREPARING FOR MAYDAY: APRIL 24-MAY 7

Algonquin Peace City

The first national implementation of the peace treaty will be planned in Rock Creek Park, an Indian woodlawn area of 1,754 acres about 4 miles long and 1 mile wide in Washington, D.C. Algonquin Indians were the first inhabitants in what was once an ancient mountain range. In late April, we' ll settle again, long the drier ridges with the pegnut and mockernut, hickory, white ash, black cherry, being careful and loving of nature. Regions and constituent groups can set up living communities in one of the 70 odd picnic groves where there are tables, benches and usually a fireplace. People should bring their own tents, blankets, flashlights, transitor radio, rice and other foods along with a cooking pot. And if bloodroot, fawnlily, tooth wort and spring beauty bloom doesn't turn you on, Mayday has secured housing for 22,000 people in churches, universites and private homes.

Arriving in Washington

To cut down on confusion and ecological injury to our peace city, cars should not be driven into Rock Creek Park. Some people may want to park on the edge of Washington and walk into the city. Others may want to drive into the downtown Washington are and take buses to their villages. Bus transportation between the Washington Monument Grounds and Algonquin Peace City will be provided at 11:00 am and 6:00 pm every day by Mayday Motors. Detailed maps showing the village of every region in Algonquin Peace City will be available from information centers on the Monument grounds. Any large group wanting to be listed on the map should call Mike Maslow at 202-347-7613.

Get Familiar with the Park

It is in the interest of the govt to provide us this park, for training in non-violence and to keep us out of the streets at night. Should police clear the park at any time during the two weeks, however, it will be necessary that we know the various exists in our area of encampment. There are 15 miles of trails through Algonquin Peace City that lead out.

Should extreme military conditions of martial law set in, a large farm outside of DC is within a two hour walk and will be prepared for use of large numbers of people in any emergency. Maps showing the location for this farm will be distributed in Washington.

When arriving in Algonquin Peace City, stop off at the giant colored Bubbles, held aloft with air. These are for information about medical, legal, housing and communication operations. A daily paper will be published and distributed in the city with all pertinent information for that day. Loud speakers will be set up in the City with regular reports of what is happening throughout the city that will include information from monitored army, justice and police radio broadcasts. Every possible effort will be made to keep all people informed, so that the full power and spirit of tens of thousands of people acting, deciding and struggling for themselves is realized.

Training and Organization

During the last days of April, from the 26th through the 30th, collectives will be visiting various government departments to talk with government employees about helping to implement the peace treaty through actions inside the agencies or striking. While lobbying, people should become thoroughly familiar with the downtown part of Washington where the major government buildings are located. During the people's lobbying, collectives should be coming together, to form larger units up to 500 organized people. Meetings in the Park should begin to plan the specific actions, so that when massive numbers of new people start arriving on Mayday, it is possible for them to join existing, organized groups who have given thought to the logistical problems they will face during the May 3rd rush hour time.

Mayday Means Organization

People should not relate to Mayday as individuals. It is important that everyone get together with four or five others whom they love and know and come to Mayday as a living, trusting collective.

As much as possible, the tactics of any group should be known and accepted by all the people in the group before the action. Some people prefer to interrupt traffic by sitting down, locking arms and when faced with arrest, allowing themselves to be arrested. Others, committed to non-violent tactics, will avoid arrests and would disrupt traffic but leave when an arrest situation develops. Each organized group should decide its own tactics, so that those in disagreement with tactical objectives can leave that group and find another tribe more compatible.

Mayday requires organization and training. Continuous sessions in logistics and non-violent, creative tactics beginning April 24 will be held in the Park. But problems will be greatly reduced if campus, commune, high school, women, gays, veterans and regional organizations relating to May could begin now to organize demonstrators into collectives, chose targets and make general, tactical commitments before coming to Washington.

Concentration vs Dispersal of Disruptions

The People's Coalition has chosen one major focus for highway disruption on May 3 and 4. On the 3rd, the focus will be the roads leading into the Pentagon. On the 4th, the entrance of the Justice Department.

Mayday (Students and Youth for a People's Peace) has taken the view that each region should chose its own target, so as to disperse actions, creating a crisis for the government throughout the downtown government area, as well as the Pentagon and CIA om Virginia and places like the Atomic Energy Commission in Maryland. However, there is a danger of dispersing our actions over too wide an area, where only a few hundred people are prepared to carry out an action in an area and the presence of police or troops can sufficiently intimidate them to prevent any action at all. We think there should be 5 to 10 major areas for massive, non-violent action, including Shirely Highway in Virginia, George Washington Memorial Parkway, 14th Street Bridge, Dupont and Ward Circles, Pennsylvania and Constitution Aves between 15th Street and 4th Street and So. Capital Street. Regions unable to send representatives to Washington before May are strongly encouraged to selct one of these key areas, so that we strike some balance between dispersl and concentration of forces in Washington.

Avoiding One Dimensional Tactics

There are many creative tactics that regions can devise besides disruptions of key government roads with bodies or stalled cars. For example, Allen Ginsberg suggests that thousands of people surround the White House repeating single, pointed questions about the war, over and over again in unison for hours. HEW employees are encouraging govt. secretaries to take their phones off the hook throughout all agencies of the government. People outside the government might tie up the phones of Congressmen from payphones. When war criminals like the Joint Chiefs of Staff or the National Security Council refuse to meet with representatives of the people's lobby during the last week of April, encampments might be set up on the lawns outside their homes. Thousands of plane reservations should be made for May 3. Be creative. Stay non-violent. And think.

Committing ourselves to non-violent tactics does not mean the action is compromised. Many forces are prepared to join this action if all of our planning and preparations are based on a non-violent approach. SCLC, National Welfare Rights Organization, for example, are involved in Mayday in the strongest way. It is our belief that the power to disrupt this war will be increased enormously by avoiding trashing or scattered acts of violence and instead acting to close the government.

Preparations Before Mayday

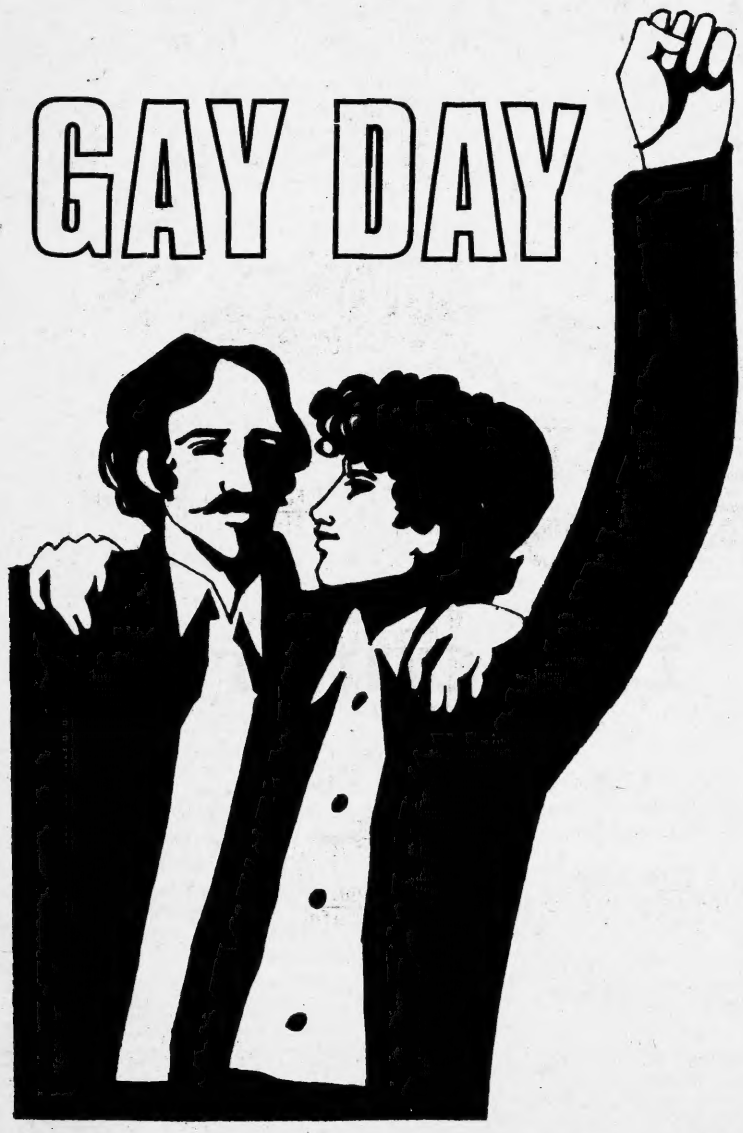
The success of May requires a higher degree of organization, discipline and advanced planning than any previous national action. With only a few weeks remaining, ever group over 200 should send a few advanced people or scouts into the city for logistics orientation meetings, scheduled for April 3rd, 10th, and 17th. Let us know if you can come: Nancy Fowler or Jerry Coffin at 347-7613.

DEMONSTRATION PREPARATION RULES

*** Wear heavy clothes and shoes; don't stray off from your group.
*** Know your rights; have your lawyer's number written on your body someplace.
*** Wear good running clothes--this means no shirts or sandals.
*** Know some first aid--carry a gas mask if you have one.
*** Pin up your hair
*** Don't wear pierced earrings.

MAYDAY 5

MAYDAY IS ALSO GAY DAY



A national Gay May Day network is being set up by gay people in major cities around the country. We plan to coordinate the actions of gay people in planning for a spring series of actions against repression in this country and in So. East Asia.

A peace treaty has been signed between the peoples of Vietnam and the American people. Gay people have signed the treaty and a gay preamble has been written for it.

We will do our part to implement the treaty during the 1st week of May. It will be a week of non-violent anti-war actions and the presentation of the peace treaty. It is a week when if the government won't stop the war, the people will stop the government. Mayday will also be Gay Day.

We will be participating in Mayday because war, American style, is a man's game, where to prove his masculinity, he must maim and kill women, children, the very old, and his own brothers. War is an extension of our own oppression because it reinforces the masculine image of males and forces them into playing macho roles where the end result is the death of millions of people.

GAY MAYDAY is gay people creating, shaping, and directing their own participation in the anti-war activities of the upcoming spring offensive. If you are interested in working with us contact the regional office at: Gay Mayday Tribe, 1120 Hamilton, Milwaukee, Wisc. (273-5094) or call Brian locally at 333-3014.

RADIO FREE PEOPLE

KSJN-FM 90.3m

7pm TUESDAY

Today in America, thought control is a reality.

Radio Free People exists as a functioning alternative to thought control. Our primary goal is to eliminate all restrictions on the freedom of the public media to convey unpopular points of view: a freedom which can be preserved only by its own exercise.

The recent news blackout in Laos prompted our initial effort to organize Radio Free People here in Minnesota. We felt that unlike films or underground press, radio goes to people rather than making them go to it.

During the last six weeks, RFP's half-hour news program on KSJN-FM (at 7pm Tuesdays) has featured a discussion of the Mark Salzar killing and Heller-Seigel's West Bank 'renewal' schemes; a program on 'community control' which included news of the Peoples' Patrol; two interviews with spokesmen for the Vietnam Veterans Against the War; a Mayday tape-collage; and an interview with Dave Dellinger.

During the next few weeks, Radio Free People will be primarly concerned with setting the scene for the spring anti-war offensive. It is our belief that the American public's dis-, satisfaction with Nixon's policies has never been more acute. Conditions in Indochina have severely undermined Nixon's image and a new credibility gap has begun to open. At the present time ordinary people are more susceptable than ever to cogent argument for activism against the war. We believe radio is a means of mass communication to reach out to those new opponents of the war.

Radio Free People needs your support. We hope to buy various nationally produced tapes and it also costs money to main-tain our equipment, to buy materials and to support part-time personnel. In short, we need your financial support.

We also need any contacts in college or commercial radio you might know. If you know (or are) a sympathetic station manager, program director, or DJ; let us know. And let him know that his station can increase its audience by carrying public affairs programming on topics like the war and its domestic ramifications. Help us by telling your friends about the time (7pm Tuesdays) and station (KSJN-FM) of our weekly news broadcast.

During the last two months, we have only just begun to explore the outreach potential of radio--starting with a half-hour news program. If we were substantially funded, we could consider not only one-minute commercial spots (catch Clergy & Laymen's peace ads on KQRS) but whole programs which explain the current situation in depth. Our possibilities are multiple: a state-wide college link-up, low-power radio stations, low-cost recording facilities, a regional ham-radio net, etc.

Further objectives could include: 1) the establishment of a center for the study of ways in which thought control is now being practiced by the mass media, 2) the creation of a stimulating alternative outlet for the skills and talents of people already active in broadcasting and to assist them in examining the social consequences of what they do, 3) the establishment of a clearing-house or communications center for electronic ideas, services, and hardware. Like the growing number of Movement printshops and publications, this would help set the underground media on its own feet. But initially, we need your support to get started. Help us to give new power to the people's voice.

KILOWATT POWER TO THE PEOPLE!

kilowatt power to the people

********** FOR RENT **********
Two storefronts, 1310 East Franklin. 35 x 80 ft. Clean dry basement. Suitable for head shop etc. Apartments above.
Available May 1, 1971----------338 9721
********** FOR RENT **********
1,2, and 3 bedroom apartments and houses on South side of Minneapolis. Available for good people by good people. 338 9721
****

apr 16 CALANDER apr 29

Friday

"Angels with Dirty Faces", Piper Film, 8, 10, midnight, $1

"The Lavendar Hill Mob" - Alec Guinness - about larceny - "Batman VII", Xanadu, 8, 10pm, $1

"Go West" - Marx Bros, Acme Film, 8, 10, midnight, $1

"Tom Coulter" & Trudy & Barbara Extemp, 8pm, 75¢

"Big Business", Laurel & Hardy, & "The Barber Shop", W C Fields, Bottleneck Film, 7:30, 9:30, $1

"Fist in the Pocket", film at Coffman Union, 7, 9pm, $1

Tommy Ray, Riverside, 9pm

Saturday

"Angels with Dirty Faces", Piper, 8, 10, midnight, $1

"Zorba" Broadway musical play - Northrup Aud, 8pm, $3 - $7

"Greed", 1923, Erich von Stroheim film with Zasu Pitts - silent classic - Xanadu, 8, 10pm, $1

"Go West", Marx Brothers Western Acme, 8, 10, midnight, $1

Ken Schaffer, blues & folk, Extemp 9pm, 75¢

"Big Business", & "The Barber Shop", W C Fields, Bottleneck Film, 1614 Harmon, 7:30, 9:30, $1

Local Talent, they have good artists sometimes, Coffman Union, The Whole, 9pm - 1am, $1

"Cree", the Riverside, 9pm

Sunday

"Defense Benefit", sponsored by SDS, Willie Murphy & the Bumblebees, Nicollet Island Peep Show, Mama's Home Cookin', Ante Bellum, Coffman Union 7:30pm, $1.50

Betty Boop, Mary DuShane, Joyce Iverson, Riverside, 9pm

"Angels with Dirty Faces", Piper, 7:30, 9:30pm, $1

"Kiwani" - original rock - Exitemp, 8pm, 50¢

"Big Business" & "The Barber Shop" W C Fields, 7:30, 9:30, $1

"People-Eco-Action" & "Marshland IS not Wasteland", films, Museum of Natural History, 2:30, 3:30, free

Minnesota Dance Theatre and classical guitarist Sharon Isben, Institute of Art 2pm, no charge

"A Midsummer Nights Dream", film, Mus Natural History, 7:30, free

Monday

Tuesday

May Day Cadre Meeting, get together for our Washington Liberation, People's Center, Riverside & 20th Av, 7:30

Open Stage, Riverside, 9pm, 25¢

Wednesday

Begginning Yoga Classes begin today at the Yoga Center, 3045 Nicollet Av S, 6:30, Wednesdays, $20 for 10 weeks.

Tom Gravelin, country jazz, Extemp, 9pm, 50¢

"Film Show by Jay Heinz", New Riverside Cafe, 9pm

Thursday

"Willie and the Bumblebees", New Riverside Cafe, 9pm

Steve Klatt, original & contemporary folk, Extemp, 9pm

Friday

"Quick Grits", New Riverside Cafe, 9pm, $1

"Alice in Wonderland", Piper Film, 2909 Nicollet, 8, 10, midnight, $1

"20 Million Miles to Earth", Acme, 8, 10, midnight, $1

Wayne Raske, Extemp, 9pm, 50¢

"Peck's Bad Boy with the Circus" Bottleneck Film, 1616 Harmon, 7:30, 9:30, $1

Saturday

"Murray Loui Dance Co" - dance concert at Guthrie, 8pm, $5.50 - $3.50

"Alice in Wonderland" Piper Film, 8, 10, midnight, $1

"The Merry Widow", von Stroheim, 1925, "So This is Paris", 1926, Xanadu, 8pm, $1

Dakota Dave Hull & Sean Blackburn, country 'n eastern at the Extemp - 9pm, 75¢

"Peck's Bad Boy with the Circus" Bottleneck, 7:30, 9:30, $1

Dance Concert, Murray Louis & Co Walker Art Center, 8pm,

"Middlespunk Greek Boys", New Riverside Cafe, 9pm

Sunday

Laura Nyro - Guthrie - 8 & 10:30, $4 - $6

"Alice in Wonderland", Piper Film Club, 7:30, 9:30 $1

"Skoogie & the Flaming Pachucos" jazz-rock, Extemp, 9pm

"Peck's Bad Boy with the Circus" Bottleneck, 7:30, 9:30, $1

"Miss Goodall and the Wild Chimpanzees", Nat'l History Mus, 2:30, 3:30, free

"Hamlet", film starring Sir Laurecnce Olivier, Mus Nat'l History Aud, 7:30, free

"Kimmel Granrose Whole Earth Rainvow Band", Riverside, 9pm

Monday

"Opus Musicale", Matt Shuhin - bassoon concert - Guild of Performing Arts, 8, $3, $2 studts

Tuesday

Dave Ray, Riverside Cafe, 9pm

Wednesday

Tom Coulter & Trudy & Barbara - Extempore, 9pm. 50¢

"Nobody's Old Favorites II, with John Cage New Riverside Cafe, 8, 9:30pm,

Thursday

John O'brien, traditional folk, Extemp - 9pm, 50¢

"The White House Murder Case", Theatre of Involvement, 8, $1

"Middlespunk Greek Boys", New Riverside Cafe, 9pm

cont.

"Against Violence: Artists Look at War" Institute of Art, Jones Print Gallery, thru Apr 25, free

"Antigone", Jean Anhouilh's play at the Theatre in the Round, Apr 16, 17, 23, 24, 30, 8pm $3, $2 studts

"Huck Finn", Fred Gaines adaption- Childrens Theatre, Apr 23 - 8pm, 24 - 11am, 2pm, 25 - 2pm, $1.50 reservations

"America Hurrah", U Theatre, Shevlin Hall, Apr 20-24, 8pm, 25, 3:30pm $1.50

"Heartbreak House" by Geo Bernard Shaw, U Theatre, Scott Hall, Apr 23-30 wed-sat 8pm, tues, 3:30 $2.75, $1.50

"American Dreamer" film by Dennis Hopper, Coffman Union, April 28-30, 7, 9pm, $1

"Lion's Love", romantic film by the creators of "Hair" Coffman Union Apr 23, 24 7, 9pm, $1

"Ali McGraw Died for Your Sins". Brave New Workshop, apr 18-may 9,

"You Are What You Eat", Peter, Paul & Mary, Tiny Tim, Super Spade, & others, apr 17 & 18, 8, 10, midnight, sat; 8 & 10pm. sun, $1 members

BULLETIN BOARD

MAYDAYMAYDAYMAYDAYMAYDAYMAYDAYMAYDAYMAYDAYMAY

WOMEN are going to Washington for MAY DAY! We are creating our own women's action to attack the sexist monster that is Amerika. We unite to end our own oppression and the violence against our sisters in Indochina. Join us in Sisterhood and Liberation. Call Delight at 825-2872 ♀

SUNDAY AFTERNOON, Apr 18, on the Minnesota Green will be a pre-Mayday Festival. Celebrate our upcoming liberation of Washington and the end of Northcountry's long cold lonely winter. Bring music!

A MINNEAPOLIS MAY DAY cadre meeting tuesday apr 20will be held to get it together for Washington liberation. Bring rhythms, plans & conspiracies. Tuesday apr 20, People's Center Aud. 7:30pm Come!

MAYDAYMAYDAYMAYDAYMAYDAYMAYDAYMAYDAYMAYDAYMAY

DESPERATELY NEEDED - ride to Seattle, Wash area - some time in June. Leave phone contact in next issue of H. F. If you can give a ride

(ANONYMOUS, but desperate)

BARB MALONE - call Dave about hitchiking to N Dakota on the weekend, 338-2045

MAYDAYMAYDAYMAYDAYMAYDAYMADDAYMAYDAYMAYDAYMAYDAYMAYDAYMAYDAYMA

TWIN CITIES Mayday Action Group is being formed to spread the word and build the Mayday national action in d.c. Tired of all the theory and no proactice?? Join this ACTION group and reach the people now. For more contact Irv at 825-2872 Dare to struggle and dare to win.

DEAR SUSANA--

We would like very much to talk with you. Please call us up (333 8471), and see if we are here at the time you would like to come over. We can be reached at this number almost any day at almost any time. Explain to whoever answers that you are here from Uruguay and would like to talk with us. Thanx,

Hundred Flowers

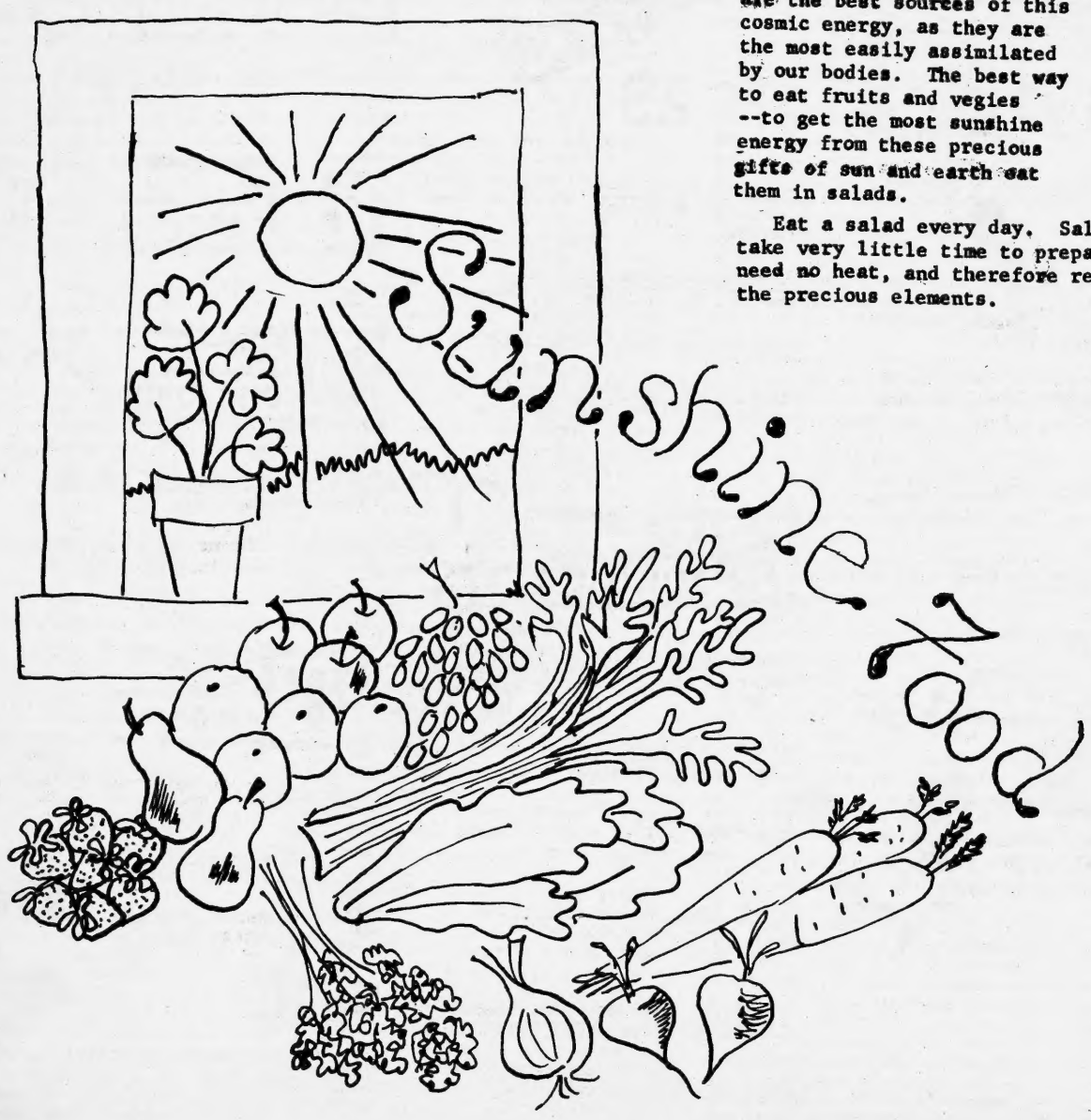
DEAR BARB--

Very sorry, but we have lost your note for the bull. board. However contact us & anyone who can give her a ride to D.C. for Mayday also contact us & maybe we can work things out.

Hundred ♀ s

PS. Our # is 333 8471

MAYDAYMAYDAYMAYDAYMAYDAYMAYDAYMAYDAYMAYDAYM



Fruits and vegetables are sunshine--sunshine transformed to earthly life. For us, they are the best sources of this cosmic energy, as they are the most easily assimilated by our bodies. The best way to eat fruits and vegies --to get the most sunshine energy from these precious gifts of sun and earth eat them in salads.

Eat a salad every day. Salads take very little time to prepare, need no heat, and therefore retain the precious elements.

Throw into it a little bit of everything:
Lettuce, spinach, carrots, beets, turnips, onions, celery, brussels sprouts, cabbage, broccoli, tomatoess, asparagus, watercress, parsley, cucumbers, sauer-kraut, bean sprouts, tuna fish, cheese, sunflower seeds, peanuts, and whatever else suits your whim.

Make a salad dressing of three parts oil to one part lemon juice, Tahini makes a good variation in the dressing. Or try lemon juice, honey , and water. Season the salad with a good sprinkling of kelp, and a variety of herbs, and garlic chopped fine.
You can never get bored with your salads, every day it will be different, depending on what you have in the refrigerator or pantry.

To prepare your salad, chop, grate, or grind your vetetables or you will be chewing all day (remember the cow?). Chew well--until of liquid consistency.
If at first you don't remember, try, try again. You must chew if your body is to convert the cellulose captured sunshine to energy in your own body.
You may spend more time eating, but isn't it much more pleasant to be sitting eating, enjoying thoroughly every yummy bite, than standing, tired and hungry, over the heat, frying, boiling, stirring, toasting, and every other imaginable process known, in a vain attempt to improve the flavor that that has been lost through cooking.

GIT HEALTHY

By BARBARA

For about a year now I've been telling people I would write an article about nutrition. I met and talked to people about proper diet and nutrition, then they would say, "what should I eat?""How can I get rid of this problem?" So I said I was going to do a printed thing and they would get one. I guess a year is about long enough to put it off.

I would like to talk to you about health. I've found that people are really curious. But there seems to be a lot of scepticism about nutrition as a cure as well as a preventive.. This scepticism often makes it difficult to communicate with folks. I don't like to argue with people about improving their health. I just want to inform people if they want to know something about it. So for you who want to feel healthy get rid of about any disease or ailment and plain get high, I am writing.

I'll tell you right away I am not a medical person. I believe in doctors for setting bones and if you let some illness go way too far. Until I learned about proper nutrition I vacationed regularly in one hospital or another. Now my own doctor says I'm in "perfect" health.

What I know about nutrition and its use as a treatment for disease I learned from personal experience; friends, books, my own illnesses, and ilnesses fo my friends. I've tested personally most of the treatments I will suggest, the other ones have been tested by others.

This issue I'll tell you about a basic "get yourself back together diet." If you feel weak or bogged or grungy after winter. Do this for one week. Then start adding vegetables,rice,etc. and just eat this stuff for breakfast or one meal.I'll also try to explain briefly why each thing is good for you. This diet is for the fastest improvement. Breakfast,Lunch and Dinner:

yogurt, liberally sprinkled with wheat germ
2 tbsp. brewers yeast mixed with juice or milk
orange juice or fresh fruit
a glass or more of milk
2 tsp. cold pressed oil (safflower, soy, peanut)

for lunch or dinner substitute whole wheat, homebaked bread for wheat germ, if you want. Instead of juice or fruit have a fresh green salad or raw vegetables, pour the oil over the salad and use lemon juice, not vinegar. Sauted liver instead of yeast sometimes, if you like meat.

You'll have to get the brewers yeast and cold pressed oil from a health food store. Tao has cold pressed corn germ oil that is organic. bring your own container.

Now a word about why these things are good for you. There are 64 essential nutrients; these consist of amino acids, vitamins, minerals, enzymes, many things. I can't explain about all the essential nutrients in this article, but I will cover all of them eventually.

Amino acids are what protein is made of. There are 22 amino acids. Eight are essential, the rest your body produces. The known vitamins essential to health are A,D,C,E,and the B complex. Vitamin K and some B are produced by your body if it is h ealthy.

The oil is necessary to pro--vide lecithin, the cholesterol emulsifier, which is essential to life. Also so your body can use the oil soluble vitamins A,D,and E.

Besides the foods I eat I take 20 odd pills daily depending on how I feel. None of these are drugs. They are vitamin supplements, but they get me high. It does no good to take those multiple vitamins. Your body can't

possibly make use of everything inside that tiny capsule. Besides they aren"t natural vitamins, but synthetics.

the ones I take are:
Vitamin A- 25,000 units
" D- 2500 units
" E- 200 units
" C- 2500 mgs.
Iodine - 7 tablets
Minerals - 5 tablets

If I feel a cold coming on or something I'll take extra C and A and D.

I buy my pills at the Health Food Center at Cleveland and Grand in St. Paul. They are the only place I know who take food stamps for pills, thats why. If you don't like taking vitamins we can substitute plain food. I use them because I can be sure of what I'm getting and they are concentrated. You would have to take enormous amounts of food to get the things you get from the pills.

I'll have further explanations and answers to questions every issue (Ihope). If you want me to answer your questions personally please put a stamp in your letter. I don't mind addressing envelopes or even buying them but I can't afford stamps. Even just throw 6¢ in the envelope, I don't mind. Write to me, Barbara c/o Hundred Flowers P.O. box 7271 Powderhorn Station Minneapolis, Minn. or drop your questions at the new office above Liberty House.

The minerals are calcium, magnesium, zinc, copper, iron manganese, iodine, potassium.

Enzymes are the little living things that live in your body. You need them to live. You can't digest your food without them. It takes more than just hydrochloric acid. You get enzymes from live food. Raw vegetables, nuts, fruits, even meat, uncooked, all have enzymes. Cooking kills enzymes. If you eat nothing but cooked food you don't have any enzymes. Cancer researchers have found there are no enzymes when cancer is present. That's one reason for raw food. Another is many vitamins and other nutrients are destroyed by heat. Minerals and water soluble vitamins are lost in cooking water. Amino acids are destroyed, making protein incomplete. Your body can only use protein if it is complete.

I don't mean to say you should never cook anything. Just don't

THE ORGANIC WAY OF LIFE

TAKEN FROM NORTWEST PASSAGE

Guemes Island, resting close to Anacortes and a welcome retreat from it and the rest of the mainland, is the haven for Gene and Charlotte LeRoy. They own 16 acres and make their living farming organically. Since the demand for their vegetables exceeded their yield last year, they will increase their cultivation this year. They sell their vegetables to friends on the island and to friends in Anacortes, and to the Kagetsu Restaurant in Seattle's University district.

The dirt road leading into their property from the highway tunnels through woods before it reaches the farmed land and the buildings. Four acres of orchard appear first; over to the left stretch three acres of pasture, with the 75 year old, two-story, wood house visible beyond it; further on lie four sloping acres where the vegetables grow. Woods completely surround the clearing.

To Gene and Charlotte, farming organically is a way of life, a choice freely made as an alternative to the sterile existence in an over-systematized society. "We must get back to a self-sufficient way of life," insisted Gene. They have chosen to use their own resources, their own ingenuity to live and become alive as a result. They are boldly attempting to re-claim land that the agronomists have labeled unsuitable for farming. "Those governmental officials are always on a negative trip," Gene stated. "They're always good at telling you what NOT to do. They claimed that my soil is a glaciated type, and therefore too rocky and relatively barren comparedto fertile river beds. To claim that therefore it is unsuitable for farming is a lot of bull." On the positive side, since the land has lain fallow for 30 years, it is uncontaminated by the recent abusive use of pesticides, herbicides and commercial fertilizers by mindless farmers. But the agronomist apparently doesn't think this an important factor. He's a recent breed who thinks that his purpose is to tell the farmer how to make big easy profits; he's obsessed with the result, not the process.

The organic farmer holds to a different philosophy. He regards the process of working in the soil and growing seeds as a pleasure in itself. An uncontaminated soil thus becomes of prime importance and quick profits don't matter. If the soil is full of rocks, then the rocks can be removed. If the soil needs building up, then a few years of nurturing with heavy applications of organic humus will accomplish the task.

A good farmer must learn to adapt himself to his peculiar land conditions and make the most of what they have to offer. As we gazed over the four acre vegetable fields, we noticed that they slope gently downwards. The upper level is already plowed and one section is planted. The lower level is too wet for planting now, but will be suitable for the hot weather plants a couple of months hence as it will provide moisture during the dry season. In the section where the planting has begun, we noticed little, yellow heads of onion sets poking through the ground. 20,000 of them have already been placed. Spinach, carrots, beets, lettuce, chard, and radishes seed are in too. Since Guemes Island warms up earlier than Bellingham, its planting schedule is about two weeks ahead.

Gene insisted that proper seed selection is essential. "I use only seeds from Tillinghast's Seed Co., in LaConner or what friends have given me." Many of Tillinghast's seeds are produced locally. Gene never buys seeds that come from the East or the South. Eventually Gene will use his own seeds, developed from his own crops. "Seeds I develop myself will produce a more satisfying crop for they will already be acclimated to my peculiar soil conditions and climate." Janice Soderberg, who lived adjacent to his land last year, gave him hundreds of radish seeds that developed in her vegetable garden due to an over-supply of radishes that she let go to seed. Gene happily planted his "Janice seeds" this year.

Signs of experimentation were obvious elsewhere too. The apple orchard is as old as the house, but because the site has been abandoned and unused for 30 years, it has not suffered from the use of pesticides. Neglected but not hopelessly desecrated, the thick sod there needs to be broken deeply, and the soil needs building up. Gene has plowed the four acres and will sow cowpeas throughout. The long, leguminous roots of cowpeas will help to loosen the soil and supply nitrogen to it; cowpeas make good forage for the goats, and green manure for composting; they also produce edible peas.

Gene is building a new green house over near the pasture where the five goats romp. The ground has been excavated in the shape of a cross approximately 50 feet by 50 feet. He plans to build a chicken coop and green house on top of this excavated site. The coop will house 100 chickens fed on organic grain shipped from California. The floor of the coop will be layered with hay. At regular intervals the manure-hay mixture will be shovelled through a trap door where it will go to the compost heaps accumulating under the buildings the heat generated from the composting should give adequate warmth to the green-house and chicken coops. Gene and Charlotte have made humus for many years. They used to make tons of it in Blaine and sold it commercialy there. Using the same techniques, he still makes it but for his own purposes, plowing it into his fields regularly.

Hand made cold frames rest near the house. The simple wood box frames, about 5 feet by 3 feet , are topped by old windows. Cold frames protect tender seedlings from frost. Inside them the cabbage, brussel sprouts, broccoli, and cauliflower are already sprouting. They're being given a headstart so that they can be harvested before the summer heat. Gene plans to make a hot bed soon. He'll lay an underground cable about 20 feet long which will maintain a 70 degree heat (He bought this for $7.00 from G.E.) The hot weather plants will be enclosed in a frame topped by an old window of many panes. He'll start his peppers and cucumbers in it, and the steady heat will give them the push that hot weather plants need. He will plant his tomatoes directly in the ground, and will protect them from the cold with hot caps.

We went into the house for a cup of tea. Their cozy living-kitchen is a double room with a large woodburning stove dominating the center, and a weaving loom, a piano, a record player and stacks of books to the sides. But the large table near the window caught our attention. It held a couple dozen, soil-filled, half-gallon, milk containers laid on their sides, split lengthwise and filled with soil. Many varieties of seeds such as eggplant, grapefruit, water cress, sweet marjoram, savory and basil were imbedded in them. Near-by several avacado seeds hung by toothpicks in bowls of water. "You can grow anything," Charlotte insisted. "When our greenhouse is built, we're going to try growing oranges, figs, -----everything."

A large wire drying rack suspended from the ceiling over the stove held a goatskin. At other times during the year, the rack is apt to hold such edibles as orange peels, parsley, and sliced apples. The weaving that is in process contained various textures of weeds and mosses as well as spun fibres. As we sat at the hand-made wood table sipping tea made of rose hips, catnip and peppermint, and eating dried apples dipped in honey, Charlotte, explained to how how she makes her goat's cheese. We have the recipe; it's too long for this issue but it'll be published soon. We also talked of the difficulties in finding a good soil mix for seed starters, and we asked Charlotte what she used in her cartons on her table.

"I use a mixture of humus, sand and loam, topped by a sprinkling of vermiculite. I hike over to the woods and dig up some rich leaf mold, but its apt to be too acid so I have to be careful and not use too much."

We mentioned that many commercial enterprises sterilize the soil to prevent damping off.

"You don't need to do that," she insisted. "It's unnecessary. Humus is light and spongy, and mixed with sand and loam, it is an ideal medium. I've never had trouble with damping off."

We were sorry to leave their tranquil retreat. It was a rare sunny day and it felt good to walk around on their farm and play with their goats, but we had to catch the ferry, and Gene and Charlote undoubtedly were eager to make the most of a lovely day by working in their fields.

"It's a lot of work, but never toil." Gene said. "What you need though, is faith, faith that whatever you attempt to do will work out o.k."

GENE'S COMPOST RECIPE

Break up the ground so it will act as a starting agent.

Add 6 inches of organic matter: grass clippings, hay, leaves.

Add two inches of cow manure or a half inch of chicken manure.

Add a sprinkling of dirt.

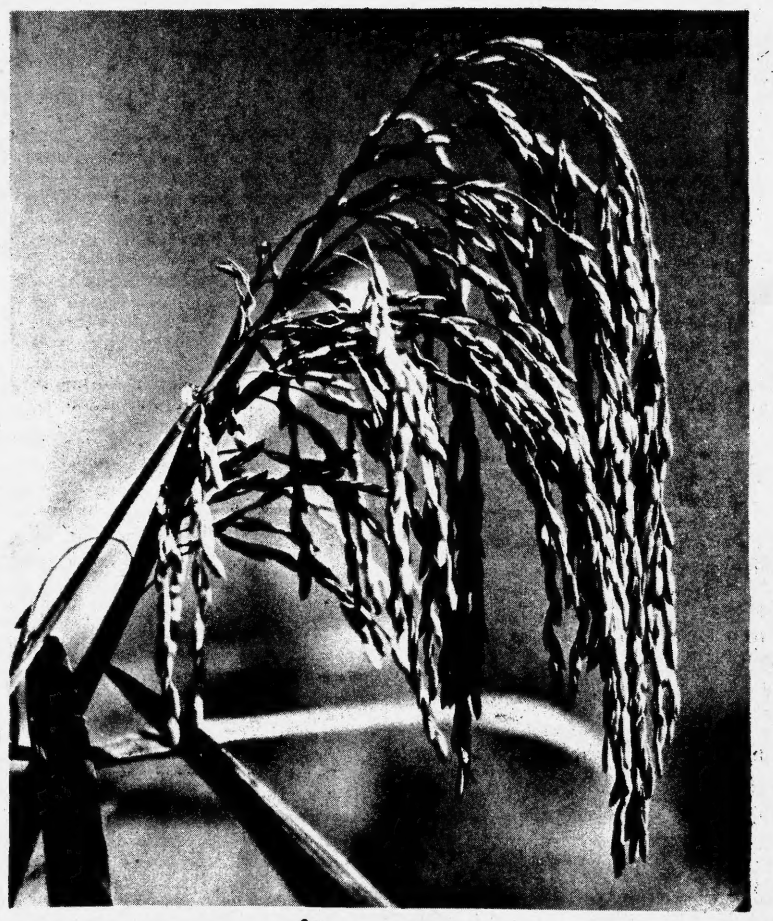
Repeat until 5 feet high, and at least 4 feet wide. This height will give the proper compression necessary to produce 160 degree heat.

Soak with water, but not too much.

Climb on top and punch holes deeply with a sturdy pole to aerate.

Turn the pile over every 10 days.

Humus will be ready in about two months.



RICE

HUNDRED FLOWERS page 13

cook it for long. Anything cooked more than 30 minutes is dead. About the only good it will do you is to fill your stomach. Try lightly sauteing vegetables in oil for about 5 minutes, just enough to break down the cellulose. Don't cook them in water. Prepare them for cooking right before you need them. The longer it is exposed to air and water the less nutrients remain.

Back to the diet, though. Liver, yogurt, wheat germ, and brewers yeast and raw milk are all sources of complete protein. Since most of us don't get enough protein I concentrate on that at first. Your body can't use any nutrients properly without protein. Wheat germ, brewers yeast and liver are also sources of B vitamins. Yogurt kills putrefactive bacteria in the intestines and replaces it with healthy bacteria which produce B vitamins and Vitamin K. Milk provides lactose to feed the yogurt bacteria.

SUKI MONO

Suki-mono, this is a staple in Japanese diet. They eat it like salad or over rice,or like pickles.
Kimchee is the Korean equivalent only hot.
For both you start by gathering & washing radishes, chinese cabbage jerusalem artichokes, cabbage, celery, carrots,turnips, rutabagas, just about any crisp vegetable. You just need one of these, but you can use as many as you want.

For equipment you need a large bowl, a plate and a 10 lb. rock or a gallon jug filled with water works.

Take your vegetables and slice thinly like pickles except chinese cabbage cut in 2 inch rounds.

Next take the sliced vegetables and spread a thin layer in the bottom of the bowl. Sprinkle lightly with salt (about like you wouldsalt at the table). Spread another layer, and salt it. And on and on until you've used up your vegetables. Then put the plate ontop of the vegetables and the rock or jug on top of that so it is pressing down on the vegetables. Put this in a cool place, not cold, not the refrigerator for 3 days. Then it is ready to eat. After 3 days put 5 lb. instead of 10 lb. and store in the refrigerator This is a great snack food and over rice with soysauce it is great since it makes its own juice.
For Kimchee do everything the same except when you sprinkle the salt also sprinkle crushed garlic, ginger root and red pepper (cayenne) It's supposed to be hot. Mostly garlic with crushed ginger and cayenne in smaller quantities. the rest is don as for sukimono.

BROWN RICE

For rice I've foun the best proportions are 5 cups water to 3 cups rice, cookedslowly. Makes rice firm but not hard and it separates easily.

Roasted rice adds flavor and cooks faster, I think. Just place your rice and salt in a dry skillet.on a high flame. turn constantly. when almost all brown add a handful of sesame and stir until browned, then add the right amount of water and simmer 20 minutes. Be careful not to burn it.

ENVIRONMENTAL LIBRARY

In preparing this article I suddenly realized that a library is a very strange kind of instition.. In a society where private ownership and individualized use is the usual order, public libraries exemplify a mode of community ownership of resources with free use available to all. Any design for a sane future must incorporate such patterns. Services (e.g., fire departments) are often acquired on a community basis, but there is little precedent for individual use of community possessions. Even rental services might be reasonable now, except for the fact that they are oriented to yielding profit, rather than optimizing efficient use of equipment and using fees to pay for maintenance..

In fact, our library goes a step further into the future than the usual library. First of all, our problem emphasis is one of changing the present to a reality, in which we live in harmony with each other and our environment. Secondly we are trying to incorporate some of those operational principles that we feel will be necessary in the future, into our current practice. It's the familiar story of trying to live your revolution while working toward it. In some ways it's quite natural and easy.

It's interesting for me, a long-time enjoyer of libraries, to suddenly be involved in the operation of a library. I read with keen interest now, that it costs the University as much to process and maintain a book as it costs to buy it. Then it becomes clear to me why a library can function in an alternate life fashion -- because the essence of a library is people. We are completely staffed by volunteers. Governance is by a monthly meeting which even turns out to be pleasurable. A rotating chairman sets up and runs each meeting, which naturally is scheduled on the night of the full moon. Under such circumstances, we never have voted or even obtained a formal consensus. In general those who do the work set the policy. The result is a mellow bunch of people who enjoy working with each other. In contrast to other groups which have come together to consciously develop a sense of community, (which to a significant extent have not succeeded in developing solidarity out of emptiness) we started working with each other on our library, and it was a pleasant surprise to realize that a strong spirit of friendship and community has developed.

We are housed in a space provided by the Minneapolis Public Library, downstairs in the SE Branch. When the credit union occupied the building, the room was used for calculating machines, etc. It's very modern, but out of design and necessity we've managed to blend its coldness with our collection of junk and produce a pleasant atmosphere. You see, we're both poor and hung up on the idea of making extended use of old things. We use and distribute thousands of 3 X 5 dis"cards", use computer paper rejects for printing, and have set up a collection bin for cans and metal outside of the library. We call it recycling, although it hurts to realize how far we are from a true recycling system.

All of our holdings have been donated or loaned by concerned individuals and organizations. It's significant that the idea of making individual holdings available to the community should be so successful in the environmental movement. It's also consistent with the politics of building a broad and extensive base of understanding. This area is a special one and we are trying to encourage a community sharing network amongst ourselves, the Experimental Action, Eco-op, American Friends Service Committee, and Minnesota Public Interest Research Group.

We have always felt that environmental issues involve more than the technical questions of the chemistry and biology of pollution, and so have consciously tried to incorporate material on the social and cultural aspects of environmental problems. We haven't done it yet. It's easy to catalog various toxic substances in waterways, etc., whereas it's difficult to identify and obtain stuff on the economic, religious and political relationships. This is currently changing, but we need help to pursue these ideas.

We have books, pamphlets, hearings, periodicals, newsletters, a newspaper clipping file, some slides and tapes, and reprints for handouts. Our vertical file consists of non-book material, organized into over 200 different categories that serve a critical function in helping to highlight issues. Size compels us to focus on the current and prospective and neglect the past. Local issues are emphasized. Our job is to integrate material in a fashion that is useful toaperson who chooses to come to an environmental library.

George Bloom

Come and visit:

Environmental Library of Minnesota
hours 1-10pm weekdays, 1-6pm
weekends 1222 SE Fourth St,
Minneapolis 55414
phone: 331-8025

Some of the topics covered in the Environmental Library:

- Abortion
- Air Pollutants and control devices
- Atomic Energy Commission
- Boundary Waters Canoe Area
- compost
- Conservation
- Detergents
- Ecology, general information
- Environmental health
- Environmental organizations
- Films
- Food additives
- Lake Superior
- Lead poisoning
- Life styles
- MPIRG
- Nader's Raiders
- Non returnable containers
- Organic food
- Plant Ecology
- Population
- Recycling
- Soils
- Speakers
- Transportation
- War, ecological effects
- What can I do?
- Wildlife
- Womens' Liberation
- Zoos
- etc.

ARE WE GETTING THERE?

Transportation is becoming a first rate hassle for many of us. Driving can be a traumatic experience, and everybody knows that automobiles are hazardous to our health. Take the trip from the West Bank to St. Paul some weekday at about 4:30 pm. During the trip you may encounter 20 stop lights, 8 stop signs, 3 traffic jams, and 2 street repairs. The best part part of the trip is a game called STAY-ALIVE-ON-I-94 (copyright 1969, Minnesota Highway Department). It matches the complexities of chess and the excitement of the Grand Prix.

While we see that more cars and freeways are not the way to get there, some people seem to want us to think that this is the answer (these people sell things like concrete, asphalt, steel, bulldozers, and cars). It may not be apparent, but transportion is as important to the health of cities as our circulatory systems are to our bodies. We need effective, humanizing transportion to keep the cities healthy and alive, to reduce dependance on cars, to reduce congestion, noise, air pollution; and make parks and malls with the land that the automobiles will continue to hoard if they are not stopped.

The real key to solving urban transtportation problems is to plan and build a transportation system that people will be attracted to and use-- in other words, a transit that will compete with the automobile. Not a system that is uncomfortable, inconvienient, and packs people together. Not transit that makes people its slaves, but a system that serves the people. And while technology is not always to be trusted, this time it has come up with something pretty good. The main concept is called off-line-station Personalized Rapid Transit (PRT). The vehicles of this system run on a fixed guideway, or track, and are automatically controlled so that drivers are unnecessary and accidents are near impossible.

To design such a system, it has been possible to borrow some advantageous ideas from the auto-street system, and leave the unwanted characteristics behind. The idea of having an unobstructed main line with a continuous flow (all the stops are made off from the main line) can be the clue to providing transit system which will carry large numbers of people and yet provide good service to each individual. Conventional transit concepts have used large vehicles which must stop and start at each station. Therefore the time spacing (called the time headway) between vehicles must be great enough to allow for stopping, loading, unloading, and starting. A better way to get there is by using a small vehicle, holding six to eight people, with the stopping stations on bypasses off the main line. These smaller vehicles can be operated at short time headways because they do not stop on the main line- thereby having a capacity (people per hour) equal to the large vehicle, on-line-station system. As it turns out, one PRT line can replace about four lanes of freeway, although it is only as wide as half a lane. The energy required to transport a given number of people a given distance on a PRT system is much less than either the auto or a large-vehicle (train) system. The PRT is quieter, cleaner, safer, and more comfortable than the existing systems. It is less disruptive to its host community; it need not divide communities at all, because the structure necessary to support the PRT guideway is very light and unobtrusive.

This may sound like Madison Ave. advertising, but it is true that there is a much better way to get to your destination than by car, bus, or even a commuter-train type of system. Just as with social change, changes in transportation thinking are resisted by those with vested interests, selfish concerns, and pure distaste for anything new. In the next issue of Hundred Flowers, the politics of transit will be treated.

INTERIM

The Interim West Bank Recycling Center is now running a limited operation, accepting newspaper and corrugated cardboard. When we're in full swing this summer or later this spring, we will take glass, metal cans, and rags, too. It does not cost anything to use the center- we hope to make enough money to support the center by selling the material we collect. One restriction; the center is for West Bank residents only. We're sorry to do this, but an operation like ours wouldn't make sense for a whole city. If you live somewhere else, why not start your own center? Help is available, but it would still take some doing.

Everything you bring in must be processed before it goes in the bins (see list on this page). It's the companies we sell the stuff to that make the restrictions, and if we don't follow them we'll have to haul the stuff to the dump. Actually none of the things are hard to do- after a while it becomes part of your routine. We found it easiest to wash and sort jars and squash cans as we used them, rather than letting them pile up, but to each their own.

Alot of people are trying to get into recycling, and there have been some attempts on West Bank that did not come off. Most of the problems come in finding a big enough truck. Franz Gayle of the Interim (part of Cedar-Riverside Associates) got me thinking on the idea of recycling. Shortly after he left last winter, I started calling around to find places to return materials, and the Interim crew built the bins we now have. They'll probably help in returning wastes to the companies, using CRA trucks.

Having only one station for all of West Bank will never do. What we want as soon as possible is to have one or two stations for every residential block on West Bank, with someone to watch each station to make sure things go smoothly. The station keepers can call us whenever the barrels are full, and we'll come to replace them. It would really be nice if the station keepers had a place to store full barrels and empties to replace them with, because it would mean fewer trips for us. Each station could work out it's own hours and operating plan, and we'll try to find a way to spread the word that the station is there.

If you want to start a recycling center elsewhere in the city, or if you have a truck that can haul a couple of tons, there are people who can help you get it together. Stop by or call during hours and we can give you some phone numbers.

And for those who live on the West Bank, please call or stop by! I'm sure the convienience of being able to recycle right out your back door will be worth any hassle your station may cause. Do a good turn for Mother Earth!

Remember that we're only taking newspaper and cardboard. Both must be tied with string in separate bundles. The companies that buy from us will process each of them separately, and we may be taking it to different places. So be sure not to put in any magazines, and don't put newspapers in bags or boxes, please.

local recycling centers

PAPER RECYCLING

Pioneer Paper Stock Co.
155 Irving ave. North
Accepts newspaper and other grades of waste paper from individuals or groups. Also, they will help arrange paper drives.

Consolidated Paper Grading Corp.
1085 - 33rd ave. S.E.
Buys newspaper from groups. Trailer pickup can be arranged at the collection site. Other types of paper not accepted.

Interim West Bank Recycling Cent.
Behind 1610 - 5th St.
Phone 339 - 4455
Hours Thurs. 1-4pm, Fri. 12:30 -4:30
Open for newspaper and cardboard only. Hopes to include glass and metal soon. West Bank residents only.

Data-Fiber Products Corp.
195 Island ave. E. 336-5395
Takes most kinds of paper from individuals or groups. Will help arrange drives. Will pay for and pick up computer paper- pays $45 a ton for used punch cards.

The Christ Child School for Exceptional children.
Collects newspapers, magazines, and corrogated cardboard at its garage. Tie bundles securely; go to Cleveland and Grand Avenues; turn west on Grand, then left into alley about half a block from Cleveland. A semi-trailer is usually parked behind the garage. Leave the bundles under the truck. If no truck is there, leave them behind the garage.

GLASS RECYCLING

Brockway Glass Co.
One mile north of Rosemount on Hwy 3. Phone 423-2231
Will accept and pay for glass of any color, in bottles or in crushed form. Pays $20 a ton or ½¢ per bottle. Collection service every Tuesday and Thursday.

Robert Schmitt "The Bottle Man", Glass Salvage Company. 338-0946
414 Jefferson St. N.E. (They have to move this summer, so their address will be changed)
He will pick up if you have a large quantity of glass. Will sort it by color if it isn't broken- otherwise you must sort. Clean containers, remove any metal. Labels can stay on.

Midland Glass Co. 445-5000.
Hwy 101 and Scott Cnty Rd. 83, Shakopee.
Clear and amber glass only. Accept from groups only. They pay ½¢/bottle, 1¢/ton. Bottles and jars only. Will not accept any non containers. Glass need not be broken, but usually is for ease in storing, transport.

METAL RECYCLING -- CANS ONLY

American Iron and Supply Co.
2800 N. Pacific St. (off 28th and Washington Ave. North).
8 am- 4:30 pm wkdays
8 am- noon on Sat. Sort out all-aluminum cans from others.

Sam Bloom Iron and Metal Co.
1600 N. 2nd St.
8 am- 5 pm weekdays,
8 am- noon Saturday. Sort out all-aluminum cans from others.

Phillip Greenberg and Co.
800 Mississippi, St. Paul.
8 am- 5 pm weekdays,
8 am- noon Saturday. Sort out all-aluminum cans from others.

Alter Company.
Concord and E. Page, St. Paul.
7:30 am- 4:00 weekdays,
7:30 am- noon Saturday. Takes all-aluminum cans only.

Habco Metal Corp.
2810 S. 22nd Ave.
8:00 am- 4:30 pm weekdays,
8:00 am- noon on Saturday. Takes all- aluminum cans only.

HELPING OUT

Suzanne and John Chuchel
576 Cromwell St. Paul. 644-3328
They are willing to help ceners when there is a need for people with hauling vehicles.

Marilyn Matheny (sp?) 724-3148
She is a MECCA member who is compiling a list of local industries involved in recycling.

Recycling Revolution Co-op.
14 Park Ave. Somerville, Mass.
Have alot of experience in (and information about?) recycling used computer paper.

STEADY STATE EARTH

Newthink is a radical movement. It is political, social, economic, and technological movement. In short, it is every thing. It is a way of thinking that will permit continued human existence. Our flurry of life may be the only such speck, as a piece of dust, in the vastness of the universe. We must assume that humanity feels a collective altruism for its future. Or are we to accelerate faster and faster until we burn out?

Newthink is radical in the most subtle and complex fashion-- there are no simple formulas or well-turned phrases to capsule it. It has such implications that it is not a "cause" which one can take banner for easily. To consciously examine your own patterns of thinking is most difficult. The realization that the infinite has limitations in earth terms is bringing us to newthink-- we are certainly not there now. In the throes of growth pains, we are searching.

What is necessary for a continuing and comfortable existence of Mankind? Are there limits to the human activity which the earth will sustain? These and many other questions are the topic of a seminar series which meets every Thursday afternoon at 1:00 in Archetecture 35 (on the U of M campus). The seminar is entitled "The steady State Earth Seminar; Constraints Necessary for Continued Human Existence". The term "steady state" refers to a balance, or equilibrium, of the forces influencing Man's environment; including, of course, people themselves.

We have been told again and again that **Progress** *is* **Growth**, *and it may have been true at one time. Today it is as true as "War is Peace" or "Love is Hate". Yet we are continually assaulted with the growth concept-- it pervades everything. We must begin to understand what continued growth, expansion, and conspicuous consumption will mean for the earth. With that understanding, one can see why it is necessary to begin to pace ourselves in step with our natural community; to form an "ecosociety".*

If you can dig some serious thinking on the earths problems with Man, come on over and join the group. The seminar is two hours long, with the first hour for a guest speaker, and the second hour reserved for questions and discussion.

Ecology is being liberalized to death by such "concerned" organizations as advertising agencies, government bureaus, and big businesses like Standard Oil. The word "ecology" has come to convey the image of lead-free gasoline and the incoherent mumblings of impotent committees, as heard through their Red Tape curtain. The most important result of this systematic widespread misinformation and the Americanization of issues has been that many honest people have put away their Ecology pins and are pursuing their work with enviromental problems quietly, but with a new sense of urgency. Public ignorance of what truly healthy (natural) conditions could be like, and stop-gap measures which are taken only to silence protestors, are the only weapons that exploitive companies have to protect themselves from being forced to change or shut down.

Environmental adjustment means a change in lifestyle. Everybody has to go through the changes necessary to restore the imput-output ratio of natural resourses that will enable us to continue our existence on this planet. A few committed people won't be enough to do this. If, for instance, recycling becomes an everyday reality for all consumers it will be easy to talk to manufacturers and help them work with recycled materials. Some of the smaller companies, such as the Minneapolis Star and Tribune, will be able to operate exclusively in this way. The drain on natural resources and raw materials will be greatly lessened. Or if electricity and solar energy were to be used effectively, we could take advantage of unlimited power, while the non-replaceable resources (gas and oil) could be almost untouched. Or if we put organic wastes back into the earth when we take from the land the soil would remain healthy and alive for future use, instead of eventually becoming the barren expanses of sand and rock that result from overuse and chemical fertilizing.

The Earth page is a place to talk and read about what people are doing, or where people are at concerning environment. It will be in each issue of H.F. from now on, and will vary from one to two pages, depending on how much needs to be communicated. It is written by people in various communities who are involved and/or interested in maintaining a natural balance with life and natural materials on this planet. If you have a concern or are doing something that you want to relate to other people, just write us about it and it will be published. Letters and articles may be as long or as short as you want--whatever you think says everything you have to say. Write your letters to Hundred Flowers, box 7271 Powderhorn Station, Mpls. Minn. 55407. Stop smoking.

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